OTTAWA OTTAWA NEWS WORTH SHARING.

Hold the onion, not the LRT

Mayor Jim Watson on the hustings as he tries namesake #OTTBURGERPOLL burg

Amorous asses back together

Donkey couple reunited after zoo separated them for mating in front of kids PAGE 11

CHECK THE O.R.

ORGANIZED RUNNING, THAT IS. METRO TRACKS THE MAD DASH TO CASH IN ON THE RUNNING BOOM PAGE 12





'I betrayed their trust': Ex-Scouts volunteer

Sentencing hearing. Crown wants six to eight years, defence asks for three



A former Scouts Canada volunteer guilty of luring and molesting boys apologized for his behaviour in court on Thurs-

"Who I am hates who've I've been and what I've done," said 31-year-old Scott Stanley, reading a speech from a piece of paper. He called himself a "man who has made several mistakes" and did not act responsibly towards his victims — four boys aged 12 to 15.

"I not only failed them and their family, but I also failed them as friends and I betrayed their trust," he said.

Last June, he pleaded guilty to sexual interference, luring and invitation to sexual touching between 2012 and 2013. Stanley was also a former City of Ottawa lifeguard and swim coach.

Crown prosecutor Suzanne Schriek is asking for a six- to eight-year prison sentence. She told court Stanley's actions — kissing, touching and sending explicit text messages to the boys — was "highly manipulative" and "highly intrusive."

"His conduct is that of a sexual predator," she said.

Defence lawyer Brett Mc-Garry is asking for three years in prison, with credit for time served. That would land Stanley another two years behind bars. McGarry is also seeking three years probation for his client.

Stanley will "punish himself for the rest of his life," said McGarry, and time in a provincial jail could offer the rehabilitation he needs. Stanley has taken responsibility for his actions and is seeking treatment, he added.

His risk of re-offence is low to moderate, McGarry said, adding that Stanley has no criminal record or substance abuse issues. The court previously heard the incidents took place in a car on the way to Scout camp and while sitting on a log around the campfire. None of the victims can be named under a publication ban.

Stanley, who was wearing a collared black and grey T-shirt, would occasionally glance at his parents, who were sitting in the courtroom.

Ontario Court Justice Heather Perkins-McVey said she will sentence Stanley Oct. 29.



Scott Graham Stanley, centre, leaves the Ottawa courthouse in July 2013 with his mom and stepfather after being released on bail following several sexual-assault-related charges. JOE LOFARO/METRO FILE

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FIVE THINGS YOU NEED TO KNOW TODAY

STREISAND TOPS THE CHARTS

People who need people apparently need Babs. Barbra Streisand showed hot young talent how it's done this week when her new album Partners entered the Billboard 200 chart at No. 1.

EBOLA FIGHT GETS BOOST

U.S. lawmakers have approved the use of leftover Afghanistan war money to fight Ebola. Canada, which has already contributed \$5 million to the cause, announced it will contribute another \$30 million.

AI WEIWEI AND ALCATRAZ

Chinese artist Ai Weiwei has transformed Alcatraz into a massive art installation called @Large: Ai Weiwei on Alcatraz. The exhibit opens Saturday and includes portraits of 176 political prisoners made up of 1.2 million Lego bricks.

4 TAKE A SELFIE

For World Rivers Day on Sunday, Ottawa Riverkeeper and Beau's All Natural Brewing are holding the #GoldenStein selfie contest. Take a selfie with the Ottawa River in the background. Post it online with the #Golden-Stein and #BeausOktoberfest hashtags and you might win an Oktoberfest package.

5 FOR CHARITY

The National Defence Workplace Charitable Campaign benefitting ill and injured soldiers will hold a 24-hour Treadmill Challenge from Friday at 11 a.m. to Saturday at 11 a.m. at the corner of William Street and Rideau Street. The public is welcome to watch and make donations.

Man's body found in Vanier apartment, cops investigating

Searching for answers.

Investigators could be seen canvassing adjacent low-rise apartment buildings on Lacasse Avenue and speaking with neighbours



JOE LOFARO joe.lofaro@metronews.ca

The Ottawa police major crime section is investigating a suspicious death after a man's body was found Thursday in an apartment in Vanier.

day in an apartment in Vanier.
Police and paramedics
were called to 347 Lacasse
Ave. at 12:25 p.m.

Police told Metro the superintendent and a repairman discovered the body inside one of the units. A coroner and pathologist were sent to the scene to investigate.

Neighbours said renovations were being done on apartment buildings in the

Quoted

"For the most part I feel really good here. I feel really safe."

Resident Melissa Raison

area, including heating equipment.

Police have not yet identified the body.

Investigators could be seen canvassing adjacent lowrise apartment buildings on Lacasse Avenue and speaking with neighbours.

"For the most part I feel really good here. I feel really safe," said Melissa Raison, who lives in an adjacent building. "I've always enjoyed it here."

Jessi Aitken, another Lacasse Avenue resident, said the neighbourhood has a reputation for unfavourable activity.

"I want to move now," he said. "I gotta get out of here."

Police continue to investigate the incident.





Burger photo op becomes political shot for Mayor

Bank Street joint.

Watson orders 12 burgers, doesn't miss chance to talk to voters



Jim Watson is determined to win the Ottawa burger poll at Burgers n' Fries Forever.

The Ottawa mayor walked into the Bank Street burger joint and ordered a dozen Watson LRT (lettuce, red onion, tomato) burgers for him and his hungry campaign team Thursday.

The big order put him ahead of mayoral candidate Anwar Syed's spicy jalapeno burger. The score was 28-22 Watson vs. Syed for Metro's not-so-scientific political poll by 5:59 p.m.

"I could eat another one of these," said Watson after devouring his custom mayor burger (Watson doesn't like onion).

But before biting into his lunch, the incumbent mayor bit into some city issues with Metro and other residents sitting nearby.

"First and foremost, (voters) want us to move forward with our light rail transit plan; they are not interested in having the reset button pushed again," said Watson, bringing up former mayor Larry O'Brien's decision to cancel the northsouth light rail project,

The burger poll so far

- Jim Watson: 28
- Anwar Syed: 22
- Darren Wood: 9
- Mike Maguire: 7
- **Bernard Couchman: 4**
- Robert White: 3

which cost taxpayers \$36 million in penalties.

"We have got a plan, let's stick to it and deliver it on time and on budget, which is what we are doing.

On the campaign trail, Watson said most people say speeding on residential streets is an issue.

He wants to target that problem, as well as clean up the Ottawa River and see community parks get renovated over the next fouryear term. He also joked it's "always important" for the Ottawa Senators to make the playoffs every year.

Watson's opponent Darren Wood has missed both of the mayoral debates one because he was "helping some old people with a broken elevator," and the another because he had the

But even if he was available, he may not have attended, as "debates are a waste of time."

"You get more mileage out of sitting around a table





Ottawa Mayor Jim Watson, left, and challenger Darren Wood try out their #OTTBURGERPOLL burgers at Burgers n' Fries Forever on Bank Street.

"The meat is very moist. Everyone loves bacon and cheese. The bun is very fresh."

Mayor Jim Watson on his burger, made with lettuce, tomato, red onion, ketchup, mayo and beef. Watson ordered his burger without onions

at a restaurant talking to people than you do at a debate," said the 54-year-old part-time wedding officiant.

But he didn't bother to chat up any of the patrons eating lunch next to him. In fact, almost every mayoral candidate that has lunched with Metro at Burgers N' Fries Forever barely bothered to say hello to patrons.

But Watson was asking everyone in the store what burger they were getting after shaking their hand

"This is heaven on a bun. The first thing you notice is that it's almost too big to eat. The cheese and sauce blend together beautifully."

Mayoral candidate Darren Wood on his burger made with chipotle mayo, blue cheese, onion ring and beef. *Wood ordered his burger without blue cheese after saying, "I hate blue cheese."

and posing for photo ops.

Wood says he wants to bring back weekly garbage pickup, as well as council to "buy out" the existing Orgaworld contract and

pass a transparency act to allow residents to become "the 24th councillor at the

Ottawa heads to the polls Oct. 27.



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Tweed weed interim CEO eyes possible expansion

Tweed Marijuana Inc.

Interim CEO aims to open medical marijuana facilities in a few European countries

Just as news broke of Tweed Marijuana Inc.'s co-founder and former CEO resigning from its board of governors, company chairman Bruce Linton told a crowd at Carleton University the medical marijuana provider is considering expanding operations in Europe.

In a statement issued Thursday morning, the company said Chuck Rifici was resigning effective immediately and thanked him for his service.

Linton took over as interim CEO after Rifici stepped down from the position last month.

But corporate structure was not the topic of his presentation to business executives and students at the Sprott Talks Event at Carleton.

It was more of a coming-ofage story about how the company — which began operating last spring at the abandoned Hershey Chocolate factory in Smiths Falls — has grown from a company of three or four people to a company that has raised \$28 million in capital funding. "We're on the cusp of being able to be the biggest producer and supplier of medical marijuana in Canada," said Linton.

The company refurbished a 360,000-square-foot facility in Niagara Falls into a greenhouse in June. Now, Linton has his eyes set on opening medical marijuana facilities in countries such as Czech Republic and Romania where he said laws are loosening around producing the drug.

"The opportunity is to be the best in Canada. And when you're the best in Canada, there's no reason we can't be the best in other countries that need what we do," he said. "

Part of the success that catapulted Tweed in the marijuana business is jumping on a business opportunity that was untapped, Linton said.

"At the beginning of this it was an obvious disruption of the supply chain and opening the market and a chance to do it. The only reason I almost didn't do it was because you have to explain to people, like my parents and everybody, I'm going to be a chairman of a marijuana company," he said.

"If you're sure there's an opportunity that's unveiling itself and others haven't seen it because maybe they're worried about the reaction, like, double down. Do it." JOE LOFARO/METRO

New direction?

Shepherds of Good Hope employee with 'heart of gold' fired after 20 years

A Shepherds of Good Hope employee of 20 years was told she was losing her job this week, to the chagrin of her fellow volunteers.

Ann MacDonald, the manager of volunteers, said she was surprised to hear her last day at the shelter and soup kitchen would be Sept. 30.

"It's definitely something I hadn't anticipated and something that's going to require some adjusting to," she said. MacDonald said she was

Macionald said sne was told the organization is moving in a different direction under a new chief executive officer, but did not have the details.

Joseph Petrie, a longtime volunteer at the Shepherds of Good Hope, said "everyone is quite upset" about MacDonald's dismissal.

"She's got a heart of gold. The volunteers love her. We have a garden in Alta Vista, in the south end, which she organized," said Petrie, referring to the Kilborn Avenue crop, which is a source of food for the soup kitchen.

MacDonald oversees about 300 to 400 volunteers at the Shepherds of Good Hope. Volunteer jobs include bakers, barbers, cooks, food-handlers, and game night co-ordinators.

MacDonald said she has

Quoted

"The volunteers love her. We have a garden in Alta Vista, in the south end, which she organized."

Joseph Petrie, Shepherds of Good Hope

appreciated the support of her volunteers at this time.

Metro could not reach CEO Deidre Freiheit at press time. LUCY SCHOLEY/METRO



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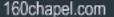
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Canada Council Art Bank opens the vault

A rare chance. Canada's largest contemporary collection will be open to the public for one day



TREVOR GREENWAY

trevor.greenway@metronews.ca

Vicki Henry wants to show off her 13,000-piece art collection worth \$71 million.

The Director of the Canada Council Art Bank is opening up the organization's doors for one day only this Saturday to show off 42 years of collecting contemporary Canadian Art.

The feature display will exhibit artists who have ties to the national capital region, but art lovers will have full run of the art bank's 30,000 square foot art storage tank featuring all types of art pieces from large sculptures to interactive and mixed media art pieces.

"Right now, the place is so dynamic that I can hardly have a conversation with anybody," said Henry, while giving Metro a sneak peek of the space.

"You are walking through and there is fabulous artwork, one after the other, it's just gorgeous."

Since it opened 42 years ago, the art bank has been sprucing up government buildings and corporate offices across the country — turning dull, boring offices into lively, engaging spaces that provoke conversations and thought.

Henry has watched phenomenal artwork pass through the art bank over the last 15 years and every time a new piece is rented out, she cracks into a smile — proud that everyday Can-

adians are gaining access to the incredible talent of painters and sculptors across the country.

"Art starts a conversation," said Henry.

"If you have a work that is really inviting and engaging and somewhat provocative, you can actually have someone come into your office and it will completely break the ice before you have to start into any kind of serious conversation."

This weekend's exhibition coincides with Culture Days and runs from 10 a.m. to 4 p.m. The event is free.





metronews.ca WEEKEND, September 26-28, 2014

Scorching Fury set to face league leaders Minnesota United at TD Place

Ottawa Fury FC have quietly become one of the hottest teams in the NASL and will welcome the league-leading Minnesota United at TD Place Sunday.

Coming off a perfect road trip having recorded two victories, the Fury put the expansion team back in the thick of the NASL playoff race.

Ottawa will need to translate their road successes into home wins as the Fury are still winless at the new TD Place.

Minnesota have already clinched a playoff spot and will lean on league leading goal scorer Christian Ramirez for their offensive punch. The Fury, meanwhile, will rely on stellar keeper Romuald Peiser who hasn't conceded a single goal in the last two games.

Kickoff is scheduled for 3 p.m. Sunday afternoon.

TIMOTHY COATES FOR METRO



metronews.ca WEEKEND, September 26-28, 2014 **NEWS**



Officers saw missing girl day before she disappeared

Tina Fontaine.

Winnipeg police are looking into why the 15-year-old was not taken into custody

Winnipeg police confirmed Thursday that two officers came across Tina Fontaine the day before she disappeared and one week before her body was pulled from the Red River. Fontaine, 15, was in a vehicle police pulled over on Aug. 8, more than a week after she was reported missing, but she was not taken into custody.

Police set up a news conference to respond to a report from CTV that said Fontaine was a passenger in a vehicle along with a man who was arrested on suspicion of being impaired. "The two officers have been reassigned to nonoperational duties," police Chief Devon Clunis said.

Fontaine's great-aunt, Thelma Favel, said Thursday social workers told her that on the night of Aug. 8 which would be a few hours after police came across Fon-

Tina Fontaine had spent much of her life with her great-aunt, Thelma Favel, on the Sagkeeng First Na-tion, 75 kilometres north-east of Winnipeg.

She had a history of running away and went to Winnipeg about a month before her death to visit her biological mother.

taine - Fontaine had passed out in an alley downtown and paramedics took her to a nearby hospital. "They kept her there for about three or four hours until she sobered up a little bit and then (social workers) picked her up from the hospital." That appears to have been the last time she was seen alive.

Child and Family Services has launched an internal investigation into the case as well, but Favel is not expecting anything will change. She said she has received a \$500 bill in the mail for Fontaine's ambulance ride to the hospital. THE CANADIAN PRESS

California

Woman punched by officer settles for \$1.5 million

A woman punched repeatedly by a California Highway Patrol officer on the side of a freeway in an incident caught on video July 1 by a passing driver will receive \$1.5 million US in a settlement, and the officer has agreed to resign.

Marlene Pinnock, diagnosed with bipolar disorder, had been off her medication for two to three months before the altercation.

The bulk of the settlement will take the form of a special-needs trust for Pinnock, the CHP said.

Officer Daniel Andrew, who joined the CHP in 2012, has been on paid administrative leave since the incident. THE ASSOCIATED PRESS

Toronto

Doctors cleared of drugging, sexually assaulting woman

Two Toronto doctors accused of drugging and sexually assaulting a medical student in 2011 in a hotel room after a night of drinking and dancing at a Toronto club have been found not guilty.

Justice Julie Thorburn

said while it was agreed that Dr. Amitabh Chauhan and Dr. Suganthan Kayilasanathan had a "sexual encounter" with the woman, she was not satisfied beyond a reasonable doubt that the woman was drugged and did not consent to the encounter.

Both doctors told reporters they looked forward to moving on with their lives. THE CANADIAN PRESS



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McGill football star charged in domestic-violence incident

Luis-Andres Guimont-Mota. Running back accused of assault, uttering threats, but lawyer says he was the victim, not aggressor

The lawyer for a star McGill University football player charged in an alleged case of domestic violence says his client was the victim and not the aggressor.

Luis-Andres Guimont-Mota, 22, was formally arraigned in Montreal on Thursday on charges of assault and uttering threats against his estranged wife. He was immediately released on \$300 bail and a host of conditions.

The third-year business management student and starting running back was arrested at a downtown apartment on Wednesday morning

By late that evening, Mc-Gill said the player in question had been immediately



suspended as per the university's varsity athletics guidelines.

"What's particular in this case is my client is the victim and not the aggressor, contrary to the cases in the United States," said defence lawyer Steve Hanafi, referring to a spate of domestic violence cases involving NFL players.

Hanafi said the university was too hasty in suspending

Guimont-Mota from the football team and that he and his client would challenge the decision.

"I think they acted too fast just to protect their image and they don't know the facts," he told reporters.

Hanafi said Guimont-Mota is considering filing a cross-complaint against his estranged wife, the alleged victim in the current case.

THE CANADIAN PRESS



Pupils picket patriotism-over-protest proposal

Students line a busy intersection and overpass in Littleton, Colo., Thursday, to protest a school board proposal to emphasize patriotism and downplay civil unrest in the teaching of U.S. history. Hundreds of students walked out of class Thursday in the fourth straight day of protests. BRENNAN LINSLEY/THE ASSOCIATED PRESS





Just 'digging around' in N. Korean prison

Matthew Miller. U.S. man sentenced to six years of hard labour says he mostly does agricultural work

An American man recently sentenced by North Korea to six years of hard labour says he is digging in fields eight hours a day and being kept in isolation, but that so far his health isn't deteriorating.

Under close guard and with only enough time to answer one question, 24-year-old Matthew Miller spoke briefly to The Associated Press at a Pyongyang hotel where he had been brought to call his family.

It was his first appearance since he was convicted Sept.

14 of entering the country illegally to commit espionage.

"Prison life is eight hours of work per day. Mostly it's been agriculture, like in the dirt, digging around," Miller said when asked what conditions were like in prison.

"Other than that, it's isolation, no contact with anyone. But I have been in good health, and no sickness or no hurts," he said, showing little emotion.

At Miller's 90-minute trial, North Korea's Supreme Court said Miller tore up his tourist visa upon arriving in Pyongyang on April 10 and declared his ambition to experience prison life so he could secretly investigate North Korea's human rights situation.

Miller is one of three Americans detained in North Korea. Jeffrey Fowle, who was arrested in May for leaving a Bible at a sailor's club, is expected to be tried in court soon. Kenneth Bae was sentenced in 2013 to 15 years of hard labour.

Last week, Robert King, the U.S. special envoy for North Korean human rights issues, said Pyongyang has not accepted American offers to send a high-level envoy to seek release of the three men.

THE ASSOCIATED PRESS



ISIS beheading videos

Masked man's identity possibly known by U.S.

The U.S. believes it has identified the British-accented masked man in the videos depicting the beheadings of two American journalists and a British aid worker, the FBI director says.

FBI Director James
Comey said he would
not reveal the identity or
nationality of the masked
man, and would not say
whether the U.S. believes
the man personally carried
out the executions himself.
THE ASSOCIATED PRESS

Post-9/11 illnesses

Ex-firefighters with FDNY die within hours of each other

Three retired firefighters who worked at Ground Zero have died on the same day from illnesses related to the 9/11 attacks, fire officials said Thursday. Lt. Howard Bischoff and firefighters Robert Leaver and Daniel Heglund died within hours of each other on Monday. Their deaths raise the total number of FDNY firefighter deaths associated with 9/11 rescue efforts to 92. THE ASSOCIATED PRESS



Britain may join ISIS fight

A demonstrator bangs a drum at an anti-war demonstration near Downing Street in London on Thursday. During his address to the UN General Assembly, U.K. Prime Minister David Cameron said he will ask Parliament to approve joining international airstrikes against ISIS. KIRSTY WIGGLES/THE ASSOCIATED PRESS



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Ferguson. Brown's body lay on street too long, police chief admits

The police chief in the St. Louis suburb where an officer fatally shot an unarmed 18-year-old last month released a video Thursday apologizing to the family and the community, acknowledging that Michael Brown's body remained in the street for too long after he was killed.

The video featuring Ferguson police Chief Tom Jackson was released on the same day Brown's parents were in Washington pressing for a federal investigation into the shooting. A state grand jury

Video released

Michael Brown, who was black, was fatally shot Aug. 9 during a confrontation with a white police officer.

 Brown's body remained in the street for more than four hours.

is considering whether criminal charges are warranted.

THE ASSOCIATED PRESS

Seen as successor

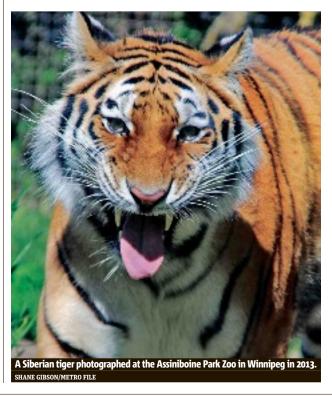
Cartel leader's nephew acquitted

A Mexican court has ordered the release of the nephew of deceased Sinaloa drug cartel leader Ignacio Coronel because of procedural violations. Officials had portrayed the man as his uncle's likely successor.

At the time of Beltran Coronel's arrest in May 2011, Mexico's Defence Department said he had taken over after his uncle died in a shootout with troops in 2010, overseeing trafficking from South America through western Mexico.

THE ASSOCIATED PRESS

Tiger killed in fight with younger male cat at zoo



Gate left unlocked.

Fatal altercation begins while visiting students look on

A group of high school students got a real-life lesson in wild animal behaviour Thursday when they witnessed part of a fatal fight between two tigers at a Winnipeg zoo.

Officials with the Assiniboine Park Zoo said an older Siberian male tiger pushed open a mistakenly unlocked gate and stepped into a neighbouring den housing two younger male cats.

One of the younger tigers then attacked the older one

Quoted

"Any tiger ... has the potential to act aggressively."

Dr. Chris Enright, veterinarian

and, although the fight took place at the rear of the enclosure, it happened in view of any visitors who happened to be at the tiger exhibit.

Margaret Redmond, president of the Assiniboine Zoo Conservancy, told reporters that the students were on a class trip with a teacher.

No visitors were in any danger at any time, she said, and a review of the incident is underway.

The zoo's chief veterinarian, Dr. Chris Enright, said the 19-year-old tiger who died was named Baikal and had been at the zoo for about five years. The neighbouring den houses a pair of younger tigers, two-year-old brothers named Samkha and Vasili.

Vasili, the one who killed Baikal, was likely defending his turf, said Enright.

his turf, said Enright.

"Any tiger — they're a
350-pound predator — has the
potential to act aggressively in
defence of itself," he said. METRO
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Donkey couple reunited amid brou-hee-haw

Poland. Citizens outraged after public love-making at zoo caused Napoleon, Antosia to be separated

Napoleon is now back with his Antosia.

The two amorous donkeys who were separated because of an outcry over their lovemaking have been reunited at a zoo in Poland.

The couple, together for 10 years, got into trouble when mothers expressed outrage that children had to witness their mating. Local conservative of-

Quoted

"Animals separated by sex into different cages? It's complete idiocy."

Stefan Niesiolowski, lawmaker with the Polish governing party, Civic Platform

ficial Lydia Dudziak took up their cause and persuaded the director of the zoo in Poznan to have the animals put in separate pens.

The zoo acknowledged making a mistake Thursday and said the donkeys are again in one pen after about a week apart. "It was never our intention for any animals to feel uncomfortable because of their natural behaviours," the zoo said in a statement.

The interruption of the longstanding romance turned into a national news item in Poland in the past days. Nearly 7,000 people signed a petition to have them reunited.

Experts weighed in, saying the separation could hurt their psychological well-being. Politicians were asked about it on the country's leading news programs.

In their decade together, Napoleon and Antosia have produced six offspring.

THE ASSOCIATED PRESS

Germany

Gambler saved from prison by a one-armed bandit

Police said Thursday that two officers carrying out routine checks at an arcade in Bochum, Germany, late last week discovered that a man playing a slot machine faced an arrest warrant.

He had been ordered to pay a 710-euro (\$1,005) fine or go to prison for 71 days after resisting police during a previous incident.

Police said that as officers informed the man that he faced arrest, the slot machine started to flash and the 37-year-old won a jackpot of 1,000 euros. The man paid his fine on the spot—in cash. THE ASSOCIATED PRESS

Anchorage

Earthquake shakes Alaska

A powerful earthquake shook up a large swath of Alaska Thursday, including the state's largest city.

The Alaska Earthquake Center said the quake had a 6.2 magnitude. No immediate damage or injury was reported. THE ASSOCIATED PRESS



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Who will win the race? After a slow start, the running event biz has hit its stride — but now it's do-or-die time for organizers scrapping it out

MELISSA DUNNE

melissa.dunne@metronews.ca

A sea of hipsters wait in T-shirts, headbands and sunglasses. Soon, their bright white shirts will look like the inside of a Skittles bag.

They look pleased. After all, most paid about \$60 a pop to be popped with brightly coloured powder during a five-kilometre run earlier this month in downtown Vancouver.

Across town, another sea of runners in rainbow-bright clothes and shoes are readying for a timed 10-km road race.

It's clearly do-or-die time for running event organizers scrapping it out in the booming running events business.

It wasn't always this way.
Back in 1963 at Calgary's first marathon, a mere 19 men showed up, and only 12 finished. This year, more than 15,000 people took part. In 1975, 144 men and two women ran Ottawa's marathon. This May, 4,436 men and 2,599 women ran the marathon. And overall, 47,827 people participated in six events during Ottawa Race Weekend.

It's the same story coast-tocoast. While it took years for traditional road races to slowly build up their events, new events seem to have quickly sprinted to the head of the pack.

The Color Run, LLC held its first event in Arizona in 2012.

Charity

- Some for-profit runs, like the Canada Running Series, have a separate nonprofit foundation. Others donate a small amount of money to charity directly.
- But the majority of money for charity via runs (whether a nonprofit or not) is raised by individual runners.

In 2013, the for-profit company hosted roughly 170 events in more than 30 countries.

The Color Run (which has not added a "u" in deference to our spelling) held five events in Canada in 2013. This year, it grew to eight events, and plans to expand again next year.

About 60 per cent of participants in the untimed "fun runs" are first-time runners, according to a Color Run spokesperson.

The for-profit Tough Mudder LLC tends to attract more seasoned runners. Since it started in 2010, more than 100 Tough Mudders have been held around the globe. The 18- to 20-km events include obstacles such as: mud, freezing-cold ice, electricity and fire. A crosssection of CrossFitters, gym rats and runners in Canada have plunked down about \$139.99 to \$199.99 (plus fees and taxes) to take part in the gruelling event. In 2012, the business co-founded by a Harvard Business School grad brought in \$70 million US in revenue, according to New York Magazine.

Alan Brookes, the director of the Canada Running Series Inc., is not worried about all the new competition.

"We're passionate believers in doing one thing well," says Brookes from Vancouver, where he was hosting the Vancouver Eastside 10K. "We are sticking to the traditional, complete road race and leaving the mud and colour to others."

The for-profit Canada Running Series holds a total of eight races in Toronto, Montreal and Vancouver every year. Its marquee event, the Scotiabank Toronto Waterfront Marathon (STWM), has hit its stride — celebrating 25 years this year and on pace to hit record numbers of participants.

The STWM began as the Coors Light Toronto Half-Marathon — part of a "six-pack" of races in a nod to the sponsor.

In 1990, about 1,500 people took part. In the last five years the number of participants at the STWM (which now includes a 5-km run, half-marathon and full marathon) has risen almost 400 per cent, with about 25,000 expected on Oct. 19.

Lately, it's condo-dwelling millennials of both genders that are pushing the phenomenal growth, Brookes says.

And companies are jockeying for a prominent spot at these events so they can market their product or brand to the swelling crowds of young, fit and well-heeled runners. Brands have such a strong presence that some runs look like NASCAR races.

Being a part of these feelgood events is worth a lot to companies.

In 2008, Richard Branson's group paid about \$30 million in a five-year deal to sponsor London's not-for-profit marathon. It's now called the Virgin Money London Marathon.

Eye-popping deals like that seem to have encouraged a slew of newbies to give putting on an event a shot. Many quickly hit a wall

Earlier this month, Runner's World Magazine reported some theme and obstacle events have failed lately, with insiders pointing to "organizer's inexperience and unanticipated costs." Heather Wall has experi-

Heather Wall has experienced what she says was a poorly executed event firsthand.

The über-fit Ottawa mom runs in about a dozen events per year, including the Canada Army Run in Ottawa last weekend. Two years ago she tried a local obstacle endurance event.

"It was not well organized," says Wall. "It left a bad taste in my mouth."

Among other things, she says it was not clear the event was solely a for-profit venture and she worried about the safety of runners as she believes there was not sufficient medical help on site.

"I'm glad I did it, but I would never do it again," says Wall.

A safe event is something runners like Wall keep top-ofmind.

In 2012, a man drowned at a Tough Mudder in West Virginia. The death was ruled accidental. The man's family have since filed a lawsuit.

In the mad dash to cash in, some of these events will trip up and drop out along the way. In the long run, runners like Wall will determine which events get a second wind.

Run, Metro, Run!

Full disclosure: I have participated in several Canada Running Series and Running Room events over the years. Many of my Metro mates are also participating in the Scotiabank Toronto Waterfront Marathon's media challenge. Check out our group blog, Run, Metro, Run!, at: metronews.ca/voices/run-metro-run/

The Running Room

Free clinics mean big money

Every Sunday morning the true believers gather to worship in the running temples John Stanton built.

The former two-packa-day smoker started the Running Room in 1984. The first store was literally a room in a house in Edmonton.

Thirty years later, there are about 1,500 staffers and 128 stores in North America.

Since the start, Stanton has preached about inclusiveness and community.

The stores generally run free clinics every Wednesday night and Sunday morning that anyone can attend. Plus, the stores offer several training clinics for \$69.99 in Canada, which are sponsored by running shoe companies, such as New Balance and Saucony.

"The clinics are a little bit self-serving," Stanton freely admits in a phone interview from Edmonton. It's a mutually beneficial relationship, he says. Customers get fit and meet like-minded people and the store builds a strong relationship with customers and sells them a new pair of running shoes every now and then.

Competitors are starting to see the light. Vancouver's Lululemon Athletica Inc. and MEC (formerly Mountain Equipment Coop) are among the growing number of retailers now offering free running groups and sponsoring running events, too.





The baby boomers had Woodstock, millenials get PotatoStock 2014

Zack Brown. the man behind the potato salad Kickstarter campaign is photographed on Sept. 18 in Columbus, Ohio. Brown is planning PotatoStock 2014, an all-ages, charity-minded party Saturday in downtown Columbus featuring bands, food trucks, beer vendors, potato-sack races and definitely potato salad. His effort on Kickstarter in early July to buy potato salad ingredients took on a life of its own and attracted worldwide attention as the amount grew. The 31-year-old jokingly sought \$10 US from the crowdfunding website to pay for his first attempt at making potato salad and eventually raised \$55,492. chris russell/the columbus dispatch/the associated press

New report. Forcing a pick-and-pay TV model futile, is coming anyway

Forcing TV service providers to offer their customers television channels on a pick-and-pay basis would be a waste of time, a new study

The C.D. Howe Institute report released Thursday says ever-changing technology will soon put viewers squarely in the driver's seat, allowing them to choose everything they watch one program at a time.

And it suggests it would be better for regulators to determine whether broadcasters should continue to be required to fund the production of Canadian content.

The study also opposes

video-distribution services, such as Netflix, to pay into funds that subsidize such content.

Entitled Let the Market Decide: The Case Against Mandatory Pick-and-Pay, the study comes as the Canadian Radio-television and Telecommunications Commission conducts a comprehensive review of how consumers get their TV programming and how they pay

has been promoting the pick-and-pay model as good for consumers.

THE CANADIAN PRESS

More coming?

Drones for moviemaking get FAA approval

The government granted six movie and television production companies permission to use drones for filming, an important step toward greater use of the technology by commercial operators, Transportation Secretary Anthony Foxx announced Thursday.

Dozens of other industries are lined up to follow Hollywood's lead. Until now, the Federal Aviation Administration, which is part of the Transportation Department, had banned commercial drone operations with the exception of a lone oil company in Alaska. **THE ASSOCIATED PRESS**

The Harper government

Is Bash bug worse than Heartbleed?

Uh-oh. Experts are divided over whether the latest security flaw will cause more chaos than the Heartbleed bug

New warnings are emerging of a security flaw known as the "Bash" bug, which cyber experts say may pose a serious threat to devices using Unixbased operating systems such as Linux and Mac OS X.

Beyond computers, devices ranging from home Internet routers to systems used to run factory floors and power plants to medical equipment could be affected.

The Department of Homeland Security's Computer Emergency Readiness Team in the U.S. issued a warning about the vulnerability this week. Experts are divided over whether the bug could pose a bigger threat than the

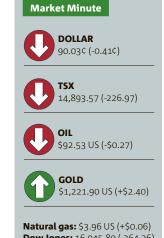
Heartbleed computer security flaw discovered earlier this

Security company Rapid7 said that while the vulnerability "looks pretty awful at first glance," hackers will not be able to exploit most systems running the affected Bash software. The Heartbleed bug exploited a key piece of security technology used by hundreds of thousands of websites. For more than two years before it was discovered, the flaw exposed passwords and other sensitive data to hackers who could steal that information.

The reason the Bash bug could be worse than Heartbleed is because it gives the attacker a bigger advantage than Heartbleed did, said Tod Beardsley, engineering manager at Rapid7. With Heartbleed, attackers could get an information leak. With the Bash bug, they can get "remote code execution," to take control of the affected device to install programs or

run commands, he said. The bug is rated a maximum 10 out of 10 for its impact and ease of exploitability by the Common Vulnerability Scoring System, an industry standard for assessing how bad security flaws are.

THE ASSOCIATED PRESS







SURPRISE!



metr⊕ **VOICES**

WOMEN'S RIGHTS ARE ELEMENTARY: WATSON

Timmies Pop-up Store. In a bid to show how fun it is to work at their stores (and demonstrate their community spirit), Tim Hortons did a one-day, pop-up store at a home in a Calgary community, giving out free double-doubles and doughnuts to residents. As Buzzfeed Canada noted, "eh-plus stunt." Indeed.

MANTOWN. Canadian comedians Bob Banks, 2 MANTOWN. Canadian confedicate 200 2 Adam Cawley, Jason DeRosse and Rob Norman are part of MANTOWN, one of the best alpha-male improv troupes anywhere. They're featured in Toronto's Comedy Festival this week, and are at the Montreal Improv Festival early October. They're a laugh a second. Follow them @MANTOWNComedy.

The Great(grandfather) One. Wayne Gretzky, a grandpa? The Great (grandiatner) une. wraying Greeze, a grandiation of Yep, his daughter Paulina announced Tuesday on her Instagram account that she and her fiancé, pro golfer Dustin



Neil Morton

metronews.ca

Johnson, are preggers. This will be the first grandchild for the hockey icon and his wife, Janet. Congrats.

Assiniboine Park Zoo. This Winnipeg zoo 4 had to temporarily close its underwater polar bear viewing tunnel after the bears chewed the silicone sealant around the tunnel's glass. "It just shows you when you're working with live animals, anything can happen at any time," said a zoo spokesperson.

Emma Watson. The actress and UN Women Goodwill Ambassador gave a gamechanging speech on feminism and gender at the UN Headquarters in N.Y.C. to launch the

"HeForShe" campaign, which aims to galvanize one billion men and boys as advocates for ending the inequalities that women and girls face around the world. Best thing ever.

Teleporter Travel. Marriott Hotels has created a virtual trav-6 Teleporter Travel. Marriou notes has created and elemented in N.Y.C. with live-action, 4D video and sensory elements to deliver the feeling of actually being in Hawaii and London. Once they figure out every other getaway destination in the world, we'll no longer have to travel. Yes, the future of travel is no travel.

7 CBC's ComedyCoup. Starting Oct. 2, over 10 weeks, comedy creators from across Canada will create hundreds of hilarious videos to submit to the ComedyCoup competition. They advance by getting social media support and feedback from their fans. The winner gets a \$500,000 half-hour TV special on CBC. And we get lots of laughs.

Crossing Guards. They're unsung heroes but the spotlight is now shining on them through a Canada's Favourite Crossing Guard challenge. You can nominate a school crossing guard in your community at ParachuteCanada.org from now until Nov. 24 and follow the hashtag #FavCrossingGuard for updates on the contest.

Gorilla groupie



Great apes enjoy harp music at Minnesota zoo every month

Harpist Terri Tacheny long enjoyed taking her young daughters to Como Zoo in St. Paul, Minn., except for the Primate House, where she thought the gorillas, orangutans and monkeys seemed a little lethargic.

Her solution: A little music.

Now Tacheny, a zoo volunteer, plays once a month for an appreciative audience that ambles down to the barrier as soon as Tacheny begins setting up her beautifully carved wooden harp. She's been doing it for nearly a decade.

As the shimmering sounds of Tacheny's harp drift through the leafy zoo, a male gorilla stares through the fence at the musician, then chews contentedly on vegetation. Families stop to snap pictures.

"I don't speak gorilla, but there's a gorilla purr that occurs when I begin to play. And that's their happy sound."

Harpist Terri Tacheny

A therapeutic harpist, Tacheny plays for hospital patients to help them deal with pain and anxiety.

She thought if the soothing sounds helped to calm humans, it would work for the primates too.

Tami Murphy, a zookeeper at Como, said Tacheny has played for all the animals at the zoo. Some animals appear ambivalent, Murphy said, but the harp music "seems to be a really calming thing for the apes to listen."

Tacheny says she's never gotten a negative review from her ape audience. "I've never had anything thrown at me," she said. THE ASSOCIATED PRESS

MetroTube



Lost and found in Amsterdam



ANDREW FIFIELD fifield@metronews.ca

Gone are the days where losing something on a plane is an unfortunate vacation-ruining event. And the thanks go to KLM, who have added an adorable and service-savvv beagle to sniff out an item's wayward owners at Amsterdam's Schiphol airport. **Book your flight**



today! UPDATE: This ad is a fake. It's too late for me, but save yourselves. Hopefully Amsterdam is nice this time of year. (KLM/YouTube)

Twitter

@metropicks asked: The Suitsy is a one-piece where pajamas meet professionalism. Would you wear this?

@ryanmhowell: That is the harbinger of an empire's fall.

@Frostbitenumba1: only if it doesn't make my clip on tie look bad.

Join the conversation @metropicks

SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on page 12 in News, page 15 in Scene and page 26 in Sports.

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- 1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.
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Tool Time with a few twists

Reel Guys

RICHARD CROUSE AND MARK BRESLIN



The Equalizer. Denzel Washington's acting chops carry this thriller about a man with a regular life who is pretty talented in using tools as weapons of mass destruction

Richard: Mark, The Equalizer is more elegant than Liam Neeson's recent action movies but less viscerally satisfying.

All the elements of Neeson's Eurotrash thrillers are in place — tattooed bad guys and the "seasoned" hero with a "special set of skills" — but the pace is



much slower. The point of the story is that McCall equalizes situations, using his talents to help the downtrodden, but it takes about 30 minutes before any settling of scores happens.

We meet McCall, learn about his orderly life but we don't learn anything about his past. He's Denzel and ergo, a badass, but the first half-hour of this movie could have snapped things up a bit by illuminating his

Mark: Richard, withholding information must be what passes for suspense in this thriller.

But I can accept a slow burn off the top if the rest of the movie ignites.

But the plot and tone of the movie is standard stuff, as you say. What lifts the rote material into the stratosphere is Denzel, who is such a good actor we forget we're watching an expensive Steven Seagal flick.

RC: It is a slow burn that does build some tension, and by the time McCall unleashes hell on the Russian mobsters, it comes as a bit of a catharsis. Now the movie is rolling!

Except that it isn't.

It takes ages for McCall to open another can of whoop-ass. Instead director Antoine Fuqua has elected to gradually build up to a wild showdown in a massive hardware store.

Who knew those places

were so dangerous? The climax is tense and apparently there is no home improvement device that cannot be turned into a WMD — but it is a more standard blockbuster-movie ending than you might expect from a movie so stingy with the action in the first hour.

MB: Homeowners ... killing homeowners, as the jingle sorta goes.

I liked the set piece at the end; it was very well directed, and I have no quibble with the technical virtuosity of the movie.

Denzel's tactiturn hero is mysterious and engaging. But when I thought about it, all of the hero's efforts to eliminate the Russian mob

Washington plays a home improvement store worker by day, righter of wrongs by night. He's a former black ops commando trying to leave his violent ways in the past but just when he thought that part of his life was over, the Russian mob leans on him because he tried to protect a young woman (Chloë Grace Moretz) from her violent pimp. When he singlehandedly wipes out the East Coast wing of the Russian mob, Teddy (Marton Csokas) — an enforcer from Moscow arrives to put an end to McCall's one-man search for justice.

- Richard: ••••
- Mark: ••••

in Boston would only result in the ascendancy of the Irish mob. And what's Bill Pullman doing in the movie with three lines?

Time to fire his agent?

RC: Pullman did have the nicer house, though, so I guess that counts for some-

Overall it's a good movie and Denzel is, as always, charismatic and interesting, but as he says, paraphrasing Hemingway, if "the old man gotta be the old man,' then The Equalizer gotta be more of an action movie to be completely satisfying.

MB: I might say the violence was often gratuitous, but there's not much of a

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Rotten Tomatoes™ score Critics: **Audience:**

No reviews





The Boxtrolls

Director. Graham Annable, Anthony Stacchi

Stars. Ben Kingsley

The Boxtrolls are a community of quirky, mischievous creatures who have raised an orphaned human boy named Eggs (voiced by Isaac Hempstead-Wright) in the amazing cavernous home they've built beneath the streets of Cheesebridge. When the town's villain, Archibald Snatcher (Academy Award winner Ben Kingsley), comes up with a plot to get rid of the Boxtrolls, Eggs decides to venture above ground.

Rotten Tomatoes™ score Critics: **Audience:**

72% 4 91%



The Drop

Director. Michael R. Roskam

Stars. Tom Hardv. Noomi Rapace

Based on a screenplay from Dennis Lehane, The Drop follows lonely bartender Bob Saginowski (Tom Hardy) through a covert scheme of funnelling cash to local gangsters "money drops" in the underworld of Brooklyn bars. Under the heavy hand of his employer and cousin Mary (James Gandolfini), Bob finds himself at the centre of a robbery gone awry, entwined in an investigation that digs deep into the neighbourhood's past.

Rotten Tomatoes™ score **Critics:**



4 95%



Hector and the Search for **Happiness**

Director. Peter Chelsom

Stars. Simon Pegg, Rosamund Pike

Hector (Simon Pegg) is a quirky psychiatrist who has become increasingly tired of his humdrum life. As he tells his girlfriend, Clara (Rosamund Pike), he feels like a fraud: He hasn't really tasted life, and yet he's offering advice to patients who are just not getting any happier. So Hector decides to break out of his deluded and routine driven life.

Rotten Tomatoes™ score Critics: Audience:





Dr. Cabbie

Director. Jean-François **Pouliot**

Stars. Kunal Nayyar, Vinay

An unemployed immigrant doctor turned cab driver becomes a local hero when he converts his taxi into a mobile clinic.

Rotten Tomatoes™ score **Critics: Audience:**

No reviews

777 85%



20,000 Days on Earth

Director. lain Forsyth, Jane Pollard

Stars. Nick Cave

Drama and reality combine in a fictitious 24 hours in the life of musician and international cultural icon, Nick Cave. With startlingly frank insights and an intimate portrayal of the artistic process, the film examines what makes us who we are, and celebrates the transformative power of the creative spirit.

Rotten Tomatoes™ score **Audience:** Critics:





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Helberg's Paris flick has release date

Simon Helberg of The Big Bang Theory writes, co-directs and co-stars in the upcoming real-life intercontinental love story We'll Never Have Paris — destined for a January 22 debut.

That date is for a limited theatrical release in advance of digital VOD availability shortly after, allowing audiences to watch Helberg's Quinn attempt to win back long-term girlfriend Devon (Melanie Lynskey) when he mistakenly ends the relationship and she leaves for France.

Indeed, Helberg and Jocelyn Towne confess that the film's calamitous proposal tale is based on their own retrospectively hilarious courtship.

Joining Helberg and Lynskey in the cast are Maggie Grace (The Twilight Saga: Breaking Dawn, Taken trilogy), Alfred Molina (An Education), Jason Ritter (Parenthood) and Zachary Quinto (Star Trek Into Darkness).

Shot on location in New York and the French capital, We'll Never Have Paris enjoyed a tour of U.S. film festivals earlier this year, starting at South by Southwest in March before jetting off to the Edinburgh International Film Fest in June; the distribution deal with revitalized MGM subsidiary Orion is its first route towards a wider audience. AFP



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SCENE 17

Genesis Rodriguez is a pretty big nerd

Tusk. Actress says she has a passion for building robots and welding things



NED EHRBAR Metro World News in Hollywood

Geeks of the world, you're about to fall in love with Genesis Rodriguez. There's no point in resisting. The actress, appearing in Kevin Smith's totally insane Tusk, used to be part of an all-girl BattleBots team. Her words, not ours.

"We were an all-girls robotics team. We looked like we were kick-ass, cool-ass girls who had ribbons in their hair but were like, 'We're going to kick your ass!'" Rodriguez tells Metro. "We did competitions, like national competitions. We went to the Kennedy Space Center, we went to a convention in Oklahoma. I was involved with the pneumatics of the robot. I wasn't so much into getting the precise degree and cuts of angles and things

— I was a welder.'

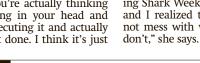
Yes, welding. Rodriguez thinks women have the edge when it comes to that particular trade. "I think girls make better welders than men because we take time with our tacks and our welds, we're detailed and we make it look pretty," she says with a laugh. "It's fun. Just the smell of it is just ... I love the oil. The light, it's hypnotizing. You could be there all day just looking at it. It's kind of cool. But yeah, building robots was super-awesome."

Rodriguez acknowledges that when people first look at her, they might not immediately think "welding" and "robots," but that's their loss. "It's not something that you'd expect, but it was just a fun time. You're actually thinking something in your head and then executing it and actually seeing it done. I think it's just

a really cool school program that should be promoted more. And you're having fun with your friends and working on a crocodile robot. How cool is that?

So what was it her kick-ass team created? "Basically, it was really a tough robot, a crocodile," she explains. "It was built at an angle, so it would come under you and just chomp you down into pieces and break you down. So even if you're a bigger robot in size, it could just scoop you from under — trip it and kill it."

And if robots aren't enough for you, she's also an avid Shark Week aficionado, something that helped her build more appreciation for the massive beast at the centre of Tusk, the walrus. "I was watching Shark Week this last time, and I realized that sharks do not mess with walruses. They don't." she says.



"We were an all-girls robotics team. ... I was involved with the pneumatics of the robot."

Genesis Rodriguez talking about her days in an all-girl BattleBots team



THE BOXTROLLS' IS ENTHRALLING AND MAGICAL.

I want to take one home with me."



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Spike Lee. Filmmaker picks up Pioneer award at Montreal black film fest

Spike Lee has been described as one of the angriest film-makers in the United States, but he jokingly suggested Wednesday he was worried about a bit of ire coming his way during a news conference in Montreal.

"We're not going to talk about the Rangers beating the Habs last year, are we?" said the diehard sports fan, referring to the Montreal Canadiens' elimination from last season's Stanley Cup playoffs at the hands of his hometown New York team.

"We're not bringing that up?"

Lee didn't have to worry.
He appeared at the Montreal International Black
Film Festival where he was
to be presented with the
event's first Pioneer award
by P.K. Subban, the Habs co-

"He's a great player," Lee said before the award ceremony, adding he watched Subban play in New York last season and waved at him during the pre-game skate.

"I've noticed a lot more players of colour in the National Hockey League. The Rangers need to get one."



The ceremony was to precede the Canadian premiere of Lee's new film Da Sweet Blood of Jesus, a romantic horror comedy.

The event coincides with the 25th anniversary of Lee's landmark film Do the Right Thing, about racial tensions in Brooklyn.

Lee acknowledged a lot has changed in the last 25 years.

"Twenty-five years ago, I would have never thought there would be an African-American president," he said.

"That's something that happened, so there have been many great developments. But there are more African-Americans who are in poverty now than there were back 25 years ago and police are still killing black people."

He also pointed out that while there are more black stars, "black people are not taking over Hollywood."

Lee, who is credited with helping revolutionize modern black cinema, said there is still a need for more diversity — including more women, Asians, and Hispanics — on TV and behind the scenes in TV and movies.

THE CANADIAN PRESS

THESE PAGES COVER MOVIE START TIMES FROM FRI., SEPT. 26 TO THURS., OCT. 2. TIMES ARE SUBJECT TO CHANGE.

Bytowne Cinema 325 Rideau St.

20,000 Days on Earth (14A) Fri-Sun

All Quiet on the Western Front (STC) Wed 4:10 Thu 6:30 Family United (STC) Wed 6:59 Globe on Screen: The Tempest (STC) Sun 3:15 Mon 8:30

Hector and the Search for Happiness (14A) Fri 6:45 Sat 4:10-6:45 Sun 6:45 Mon 5:55 Tue 5:50 Wed 9:20 Thu 3:55-9:20

Last Call at the Gladstone Hotel (STC) Tue 8:30

Magic in the Moonlight (PG) Fri 4:30 Sat 2:01 Sun 1:01 Mon-Tue 3:45

Canadian Film Institute 2 Daly Ave., Suite 120

No Films Showing Today (STC)

The Supreme Price (STC) Thu 7

Canadian Museum of nature 240 McLeod St.,

Penguins 3D (STC) Fri-Thu 10:30-1:10-3:40 Fri-Thu 11:15-1:50 The Ultimate Wave Tahiti 3D (STC) Fri-Thu 12-2:30 Fri-Thu 12:35-3:05

Coliseum Ottawa 3090 Carling Ave.

Annabelle (14A) Thu 9:30 Bang Bang! (STC) No Passes Thu 1:30-5:10-9:20

The Boxtrolls (STC) Fri-Sun 12:45 Star & Strollers Screening Thu 1 The Boxtrolls 3D (STC) Fri-Sun 3:10-5:35-8-10:35 Mon-Thu 4:35-

David Bowie Is (PG) Sat 12:50 Dolphin Tale 2 (G) Fri-Sun 1:40-4:20-7-9:40 Mon-Wed 4:20-7-9:40 Thu 1:35-4:20-7

The Equalizer (18A) No Passes Fri-Sun 12:30-3:45-6:40-9:50 No Passes Mon-Thu 6:40-9:50 No Passes Fri-Sun 1-4:15-7:10-10:20 No Passes Mon-Wed 4:15-7:10-10:20 No Passes Thu 1:20-4:15-7:10-10:20 Star & Strollers Screening, No Passes Thu 1Gone Girl (STC) No Passes Thu 10 Guardians of the Galaxy (PG) Fri-Sun 1:25 Thu 1:25

Guardians of the Galaxy 3D (PG) Fri-Thu 4:30-7:20-10:15 Haider (STC) Thu 1:20-5:30-9

The Hundred-Foot Journey (PG) Fri-Sun 1:10-4:10-7:15-10:05 Mon-Wed 4:10-7:15-10:05 Thu 1:10-4-6:40

Let's Be Cops (14A) Fri-Sun 1:20-4-6:55-9:50 Mon-Tue 4-6:55-9:50

The Maze Runner (PG) Fri-Sun 2-4:50-7:40-10:30 Mon-Wed 4:50-7:40-10:30 Thu 1:25-4:50-7:40-10:30 No Good Deed (STC) Fri 1:30-4:10-6:50-9:30 Sat 4:10-6:50-9:30 Sun 1:30-4:10-6:50-9:30 Mon-Wed 4:10-6:50-9:30 Thu 1:10-4:10-9:30 Stephen Fry Live: More Fool Me (STC) Wed 7:30

Teenage Mutant Ninja Turtles (PG) Fri-Sun 1:50

Teenage Mutant Ninja Turtles 3D (PG) Fri-Wed 4:40-7:55-10:25

This Is Where I Leave You (14A) Fri-Sun 2:20-4:55-7:30-10:10 Mon-Wed 4:55-7:30-10:10 Thu 1:35-4:55 7:30-10-10

The Vatican Museums 3D (G) Thu 7:30

A Walk Among the Tombstones (14A) Fri-Sun 2:10-5-7:50-10:40 Mon-Wed 5-7:50-10:30 Thu 1:15-5-7:50-10:30

Mayfair Theatre 1074 Bank St

Are You Here (STC) Fri 8:45 Sun 8 Mon-Tue 8:30

Frank Miller's Sin City: A Dame to Kill For (18A) Wed-Thu 9

The Princess Bride (STC) Sat 1 Samanala Sandhwaniya (STC) Sat

Saturday Night Sinema (STC) Sat 11

Serenity (14A) Sun 12:30 The Trip to Italy (STC) Fri 4:30 Sat 8:30 Mon-Tue 4 Wed-Thu 6:30 Walking the Camino: Six Ways to Santiago (G) Fri 6:45 Sat 6:30 Sun 6 Mon-Tue 6:30 Wed-Thu 4:30

Ottawa Family Cinema 710 Broadview Ave.

How to Train Your Dragon 2 3D (PG) Sat 2

No Films Showing Today (STC) Fri Sun-Thu

Rainbow Cinemas St. Laurent Centre, 1200 St. Laurent Blvd.

Boyhood (14A) Fri-Wed 1:10-7:15 Thu 7:15 Thu 1:10

The Captive (14A) Fri 6:55-9:15 Sat 9:15 Sun-Thu 6:55-9:15

Dawn of the Planet of the Apes (PG) Fri-Thu 4:10-8:55

The Expendables 3 (PG) Fri-Thu 10:30-3:50-6:30

The Giver (PG) Fri-Thu 12:25-4:45-9:10

Good Will Hunting (STC) Sat 7 How to Train Your Dragon 2 (PG) Fri-Thu 10:10-12:15-2:30-4:40 Lucy (14A) Fri-Thu 10:20-2:35-

Maleficent (PG) Fri-Thu 10-12:05-2:10-6:50

Mr. Peabody & Sherman (G) Fri-Thu 10:40-4:30

When the Game Stands Tall (PG) Fri-Thu 1:20-9:05

South Keys 2214 Bank St.

The Boxtrolls (STC) Fri-Thu 12:15-2:40 Fri-Thu 10:35

The Boxtrolls 3D (STC) Fri-Thu 5:05-7:30-9:55

David Bowie Is (PG) Sat 12:55 Dolphin Tale 2 (G) Fri-Thu 10:35-1:05-3:45-6:45

The Equalizer (18A) No Passes Fri-Thu 10:30-1:20-4:15-7:10-10:10 Guardians of the Galaxy (PG) Fri-Thu 10:25-1:15

Guardians of the Galaxy 3D (PG) Fri-Thu 4-6:50-9:35

Hector and the Search for Happiness (14A) Fri-Thu 10:40-1:25-4:05-6:45-9:30

Hugo (PG) Sat 11

The Hundred-Foot Journey (PG) Fri-Thu 10:30-1:10-3:55-6:40-9:25 If I Stay (PG) Fri-Thu 9:20

Let's Be Cops (14A) Fri 11:30-2-7:15 Sat 7:15 Sun-Thu 11:30-2-7:15 Matthew Bourne's Sleeping Beauty (STC) Sun 12:55

The Maze Runner (PG) Fri-Thu 10:45-1:30-4:10-7:20-10

My Little Pony Equestria Girls: Rainbow Rocks (STC) Sat 11:15 Sun 3:30 Mon 6:30

No Good Deed (STC) Fri-Sat 1-3:05-5:20-7:35-9:45 Sun 5:20-7:35-9:45 Mon 1-3:05-9:45 Tue-Thu 1-3:05-5:20-7:35-9:45

The November Man (14A) Fri-Thu 4:40-9:50

Teenage Mutant Ninja Turtles (PG) Fri-Thu 11:50-2:20

Teenage Mutant Ninja Turtles 3D (PG) Fri-Wed 4:50-7:40-10:05 Thu 4:50-10:05

This Is Where I Leave You (14A) Fri 11-1:45-4:25-7-9:40 Sat 1:45-4:25-7-9:40 Sun-Thu 11-1:45-4:25 7-9:40

The Vatican Museums 3D (G) Thu 7:30

A Walk Among the Tombstones (14A) Fri 10:50-1:40-4:30-7:25-10:05 Sat-Sun 1:40-4:30-7:25-10:05 Mon-Thu 10:50-1:40-4:30-7:25-10:05

Canadian Museum of civilization 100 rue Laurier,

Arctique 3D (STC) Fri 8 Sat 5 Tue

D-Day: Normandy 1944 3D (STC)

Fri 2 Sat 3-7 Sun 12-7 Mon 2 Tue-Thu 2-7

Destination Pacific Sud 3D (STC) Fri 1 Sun 4 Tue 4 Wed 1 Thu 6 Jour-J Normandie 1944 3D (STC) Fri 4-7 Sat 4 Mon 7 Wed-Thu 4

Journey to the South Pacific: An IMAX 3D Experience (STC) Fri 12-3 Sat 12-6 Sun 3 Mon 12-3-6 Tue 12-3 Wed 12-3-6 Thu 12-3

L' incroyable voyage des papillons 3D (STC) Mon 9:45

Pandas: The Journey Home 3D (STC) Fri 11-6 Sat-Sun 11-2 Mon 11 Tue 11-6 Wed-Thu 11 Sat 1 Sun 1-6 Mon 1-4 Tue 1

To the Arctic (STC) Fri 5 Sat 8 Sun 5 Mon 5-8 Tue 5 Wed 8 Thu 5-8

Cinéma des Galeries d'Aylmer 400 boul. Wilfrid-Lavigne

Dolphin Tale 2 (G) Fri-Sun 1-7-9:20 Mon 7 Tue 1-7-9:20 Wed-Thu 7-9:20 The Equalizer (16+) Fri-Sun 12:50-3:30-6:50-9:30 Mon 6:50 Tue 12:50-3:30-6:50-9:30 Wed-Thu 6:50-9:30 Histoire de dauphin 2 (G) Fri-Sun 3:20 Tue 3:20

The Maze Runner (13+) Fri-Sun 1:10-3:30-7:10-9:30 Mon 7:10 Tue 1:10-3:30-7:10-9:30 Wed-Thu 7:10-9 Mommy (13+) Fri-Sun 12:40-3:20-6:40-9:20 Mon 6:40 Tue 12:40-3:20-6:40-9:20 Wed-Thu 6:40-9:20

Gatineau 9 120 boul. de l'HÙpital

1987 (G) Fri-Sun 3:05-9:15 Mon 9:15 Tue 3:05-9:15 Wed-Thu 9:15

C'est ici que l'on se quitte (13+) Fri-Sun 1:10-3:45-7:15-9:45 Mon 7:15-9:45 Tue 1:10-3:45-7:15-9:45 Wed-Thu 7:15-9:45

Entre les tombes (13+) Fri-Sun 1:05-3:40-7:10-9:40 Mon 7:10-9:40 Tue 1:05-3:40-7:10-9:40 Wed-Thu 7:10-9:40

Histoire de dauphin 2 (G) Fri-Sun 12:50-3:25-6:30 Mon 6:30 Tue 12:50-3:25-6:30 Wed-Thu 6:30

Le justicier (16+) Fri-Sun 12:40-3:35-6:50-9:35 Mon 6:50-9:35 Tue 12:40-3:35-6:50-9:35 Wed-Thu 6:50-9:35

L'Èpreuve: Le labvrinthe (13+) Fri-Sun 1:20-4-7:20-9:50 Mon 7:20-9:50 Tue 1:20-4-7:20-9:50 Wed-Thu 7:20-9:50

Mommy (13+) Fri-Sun 12:30-3:30-6:45-9:30 Mon 6:45-9:30 Tue 12:30-3:30-6:45-9:30 Wed-Thu 6:45-9:30 Qu'est-ce qu'on a fait au Bon Dieu? (G) Fri-Sun 1:15-3:50-7:05-9:10 Mon

7:05-9:10 Tue 1:15-3:50-7:05-9:10

Si je reste (G) Fri-Thu 9

Wed-Thu 7:05-9:10

Soyons flics (13+) Fri-Sun 12:45-6:45 Mon 6:45 Tue 12:45-6:45 Wed-Thu 6:45

Trolls en boÓte (G) Fri-Sun 3:15

Trolls en boÓte 3D (G) Fri-Sun 1-7-9:05 Mon 7-9:05 Tue 1-7-9:05 Wed-Thu 7-9:05

StarCité Hull

115 boul. du Plateau

1987 (G) Fri 1:30-5:15-7:45-10:25 Sat 5:15-7:45-10:25 Sun 1:30-7:45-10:25 Mon 10 Tue 1:30-5:15-7:45-10:25 Wed 7:20-10 Thu 7:20

Annabelle (STC) Thu 10 The Boxtrolls (G) Fri 1:35 Sat 11:15-1:35 Sun 1:35 Tue 1:35 Star & Strollers Screening Thu 1:30

The Boxtrolls 3D (G) Fri-Sun 4:15-7:15-9:45 Mon 7:25-9:55 Tue 4:15-7:15-9:45 Wed 7:25-9:55 Thu 1:30-7:25-9:55

David Bowie Is (STC) Sat 12:55 Dolphin Tale 2 (G) Fri 1:40-4:20-7:10 Sat 1:40-5:15-7:40 Sun 4:20-5:15-7:40 Mon 7:10 Tue 1:40-4:20-7 Wed 7:10 Thu 1:35-7:10

The Equalizer (16+) No Passes Fri-Sun 1:25-4:25-7:25-10:25 No Passes Mon 7:10-10 No Passes Tue 1:25-4:25-7:25-10:25 No Passes Wed 7:10-10 No Passes Thu 1:15-7:10-10 Gone Girl (STC) No Passes Thu 10 Guardians of the Galaxy (G) Fri 1:40 Sat 11-1:40 Sun 1:40 Tue 1:40 Guardians of the Galaxy 3D (G) Fri-Sun 4:25-7:15-10:05 Mon 7:05-9:50 Tue 4:25-7:15-10:05 Wed 7:05-9:50 Thu 1:20-7:05-9:50

Histoire de dauphin 2 (G) Fri 1:30-4:15-7-9:45 Sat 11-1:30-4:15-7-9:45 Sun 1:30-4:15-7-9:45 Mon 7:35-10 Tue 1:30-4:15-7-9:45 Wed 7:35-10 Thu 1:25-7:35-10 Hugo (STC) Sat 11 Sat 11

If I Stay (G) Fri 9:50 Sat-Sun 10:15 Mon 9:35 Tue 9:50 Wed-Thu 9:35 Le justicier (16+) No Passes Fri-Sun 1:15-4:15-7:15-10:15 No Passes Mon 7:05-9:55 No Passes Tue 1:15-4:15-7:15-10:15 No Passes Wed 7:05-9:55 No Passes Thu 1:10-7:05-9:55 L'Èpreuve: Le labyrinthe (13+) Fri 2-4:40-7:20-10 Sat 11:20-2-4:40-

7:20-10 Sun 2-4:40-7:20-10 Mon 7:30-10 Tue 2-4:40-7:20-10 Wed 7:30-10 Thu 1:15-7:30-10 Let's Be Cops (13+) Fri-Sun 2:30-5-

7:30-10 Mon 7:15-9:45 Tue 2:30-5-7:30-10 Wed-Thu 7:15-9:45 The Maze Runner (13+) Fri 2:15-

4:55-7:35-10:15 Sat 11:40-2:15-4:55-7:35-10:15 Sun 2:15-4:55-7:35-10:15 Mon 7:20-10 Tue 2:15-4:55-7:35-10:15 Wed 7:20-10 Thu 1:25-7:20-10 Mommy (13+) Fri 1:15-4:15-7:1510:15 Sat 11-1:15-4:15-7:15-10:15 Sun 1:15-4:15-7:15-10:15 Mon 7:10-9:35 Tue 1:15-4:15-7:15-10:15 Wed 7:10-9:35 Thu 1:20-7:10-9:35

My Little Pony Equestria Girls: Rainbow Rocks (STC) Sat 11:15 Sun 3:30 Mon 6:30

Teenage Mutant Ninja Turtles (G) Fri-Sun 2:05-4:30-7:10-9:40 Mon 7:30-10 Tue 2:05-4:30-7:10-9:40 Wed 7:30-10 Thu 1:30-7:30

This Is Where I Leave You (13+) Fri 2:20-4:55-7:30-10:10 Sat 11:50-2:20-4:55-7:30-10:10 Sun 2:20-4:55-7:30-10:10 Mon 7:15-10 Tue 2:20-4:55-7:30-10:10 Wed 7:15-10 Thu 1:15-7:15-10

Les tortues Ninja (G) Fri 1:30 Sat 11:05-1:30 Sun 1:30 Tue 1:30 Les tortues Ninia 3D (G) Fri-Sun

4:05-6:40-9:10 Mon 7:35-10 Tue 4:05-6:40-9:10 Wed 7:35-10 Thu

Trolls en boÓte (G) Fri 1:50 Sat 11-11:30-1:50 Sun 1:15-1:50 Tue 1:50 Thu 1:15

Trolls en boÓte 3D (G) Fri-Sun 4:30-7:30-10 Mon 7:20-9:40 Tue 4:30-7:30-10 Wed 7:20-9:40 Thu 1:20-7:20-9:40

The Vatican Museums 3D (STC) Thu 7:30

A Walk Among the Tombstones (13+) Fri-Sun 1:30-4:20-7:45-10:25 Mon 7:10-9:45 Tue 1:30-4:20-7:45-10:25 Wed 7:10-9:45 Thu 1:30-7:10-9:45

Barrhaven Cinemas 131 Riocan Dr.

The Boxtrolls (STC) Sat 12:15-2:40 Sun 2 Star & Strollers Screening

The Boxtrolls 3D (STC) Fri 7:30-10:05 Sat 5:05-7:30-10:05 Sun 4:40-7:30-10:05 Mon-Thu 4:40-7:30

Dolphin Tale 2 (G) Fri 6:30-9:10 Sat 1:30-4:10-6:45-9:25 Sun 1:05-3:50-6:45-9:25 Mon 4:40 Tue-Wed 4:40-7:20 Thu 1:10-4:40-7:20

The Equalizer (18A) No Passes Fri 7:05-10:15 No Passes Sat-Sun 1-4-7:05-10:15 No Passes Mon-Wed 4:30-7:35 No Passes Thu 1:20-4:30-7:35

Guardians of the Galaxy (PG) Sat 11:30 Sun 1

Guardians of the Galaxy 3D (PG) Fri 6:50-9:35 Sat 3:15-6:50-9:35 Sun 6:50-9:35 Mon-Thu 4:45-7:45

Hugo (PG) Sat 11 The Maze Runner (PG) Fri 7:10-10 Sat-Sun 1:30-4:20-7:10-10 Mon-Thu 5-7:50

My Little Pony Equestria Girls: Rainbow Rocks (STC) Sat 11:15 Sun 3:30 Mon 7:30



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SCENE

Barrhaven Cinemas 131 Riocan Dr.

This Is Where I Leave You (14A) Fri 7-9:40 Sat-Sun 1:50-4:25-7-9:40 Mon-Thu 4:35-7:10

A Walk Among the Tombstones (14A) Fri 7:20-10:10 Sat-Sun 1:40-4:30-7:20-10:10 Mon-Thu 4:50-7:40 Star & Strollers Screening Thu 1

SilverCity, 2385 City Park Dr.

Annabelle (14A) Thu 9:30 The Boxtrolls (STC) Fri-Tue 1:35 Star & Strollers Screening Wed 1 Thu 1:35

The Boxtrolls 3D (STC) Fri 4:10-6:40-9:10 Sat 11:05-4:10-6:40-9:10 Sun-Thu 4:10-6:40-9:10

David Bowie Is (PG) Sat 12:55 Dolphin Tale 2 (G) Fri 1:25-4:05-6:45 Sat 11:20-1:25-4:05-6:45 Sun-Thu 1:25-4:05-6:45

Dr. Cabbie (PG) Fri-Thu 1:10-3:50-6:35-9:15

The Drop (14A) Fri 2:25-5:10-7:50-10:25 Sat 5:10-7:50-10:25 Sun-Thu 2:25-5:10-7:50-10:25

The Equalizer (18A) No Passes Fri-Thu 1-4-7-10

The Equalizer: The IMAX Experience (18A) No Passes Fri-Thu 1:40-4:40-7:40-10:40

Gone Girl (STC) No Passes Thu 10 Guardians of the Galaxy (PG) Fri-Thu 1

Guardians of the Galaxy 3D (PG) Fri-Thu 3:55-6:50-9:45

Hector and the Search for Happiness (14A) Fri-Thu 1:20-4:15-7:10-10:05 Hugo (PG) Sat 11

The Hundred-Foot Journey (PG) Fri-Sun 1:55-7:05 Mon 1:55 Tue-Thu 1:55-7:05

If I Stay (PG) Fri-Thu 9:25

Let's Be Cops (14A) Fri-Wed 2:05-4:50-7:30-10:10 Thu 2:05-4:50-10:10 Lucy (14A) Fri-Thu 4:45-9:55

Matthew Bourne's Sleeping Beauty (STC) Sun 12:55

The Maze Runner (PG) Fri 1:30-2:15-4:25-5:05-7:20-7:55-10:10-10:40Sat 11:25-1:30-2:15-4:25-5:05-7:20-7:55-10:10-10:40 Sun-Thu 1:30-2:15-4:25-5:05-7:20-7:55-10:10-10:40

No Good Deed (STC) Fri-Sat 3-8:15 Sun 8:15 Mon-Tue 3-8:15 Wed 2 Thu

The November Man (14A) Fri 5:25-10:30 Sat 12:15-5:25-10:30 Sun-Tue 5:25-10:30 Wed-Thu 4:30

Stephen Fry Live: More Fool Me

Teenage Mutant Ninja Turtles (PG) Fri-Wed 2:55 Thu 1:50

Teenage Mutant Ninja Turtles 3D (PG) Fri 5:30-8:05-10:35 Sat 12:20-



5:30-8:05-10:35 Sun-Tue 5:30-8:05-10:35 Wed 5:30-10:35 Thu 4:20-7:15 This Is Where I Leave You (14A) Fri 2:20-5-7:45-10:20 Sat 11:40-2:20-5-7:45-10:20 Sun 2:20-5-7:45-10:20 Mon 1:05-3:45-7:05-10:20 Tue 2:20-5-7:45-10:20 Wed 3:45-8-10:20 Thu 2:20-5-7:45-10:20 Star & Strollers Screening Wed 1

The Vatican Museums 3D (G) Thu

A Walk Among the Tombstones (14A) Fri 1:45-4:35-7:25-10:15 Sat 11-1:45-4:35-7:25-10:15 Sun-Thu 1:45-4:35-7:25-10:15

Landmark Theatres Orleans 6 Cinemas, 3752 Innes Rd.

Annabelle (14A) Thu 7:30-10:10 The Boxtrolls (STC) Fri 4 Sat-Sun 11:15-4 Mon-Thu 4

The Boxtrolls 3D (STC) Fri 6:15-8:30 Sat-Sun 1:40-6:15-8:30 Mon 6:15-8:30 Tue 1:40-6:15-8:30 Wed-Thu 6:15-8:30

Dolphin Tale 2 (G) Fri 7:30-9:55 Sat 11:30 Sun 11:30-2-4:50-7:30-9:55 Mon 4:50-7:30-9:55 Tue 2-4:50-7:30-9:55 Wed 4:50-7:30-9:55 Thu 4:50-6:30-9 Fri 4:50 Sat 2-4:50-7:30-9:55 The Equalizer (18A) Fri 7:40 Sat 1:30-4:35-7:40-10:35 Sun 11:05-1:30-4:35-8 Mon 4:35-8 Tue 1:30-4:35-8 Wed-Thu 4:35-8 Fri 4:10-7:10-10:05

Sat-Sun 1-4:10-7:10-10:05 Mon 4:10-7:10-10:05 Tue 1-4:10-7:10-10:05 Wed-Thu 4:10-7:10-10:05 Fri 4:35-10:35 Sat 11:05

Guardians of the Galaxy (PG) Fri 4:15-6:55-9:45 Sat-Sun 1:20-4:15-6:55-9:45 Mon 4:15-6:55-9:45 Tue 1:20-4:15-6:55-9:45 Wed-Thu 4:15-6:55-9:45

Let's Be Cops (14A) Fri 4:05-6:30-9 Sat-Sun 1:10-4:05-6:30-9 Mon 4:05-6:30-9 Tue 1:10-4:05-6:30-9 Wed 4:05-6:30-9 Thu 4:05

Madama Butterfly (STC) Sat 11 The Maze Runner (PG) Fri 4:20-5-7-7:55-9:35-10:30 Sat-Sun 11:20-1:45-2:15-4:20-5-7-7:55-9:35-10:30 Mon 4:20-5-7-7:55-9:35-10:30 Tue 1:45-2:15-4:20-5-7-7:55-9:35-10:30 Wed-Thu 4:20-5-7-7:55-9:35-10:30

This Is Where I Leave You (14A) Fri 4:45-7:50-10:15 Sat-Sun 2:10-4:45-7:50-10:15 Mon 4:45-7:50-10:15 Tue 2:10-4:45-7:50-10:15 Wed-Thu 4:45-7:50-10:15

A Walk Among the Tombstones (14A) Fri-Mon 4:25-7:20-9:55 Tue 1:50-4:25-7:20-9:55 Wed-Thu 4:25-

Landmark Cinemas 24 Kanata & IMAX, 801 Kanata Ave.

Annabelle (14A) Thu 9:05 The Boxtrolls (STC) Fri-Sun 1:153:50-6:30-9:05 Mon-Thu 3:50-6:30-9:05

The Boxtrolls 3D (STC) Fri-Sun 11:35-2:05-4:40-7:20-10 Mon 4:40-7:20-10 Tue 2:05-4:40-7:20-10 Wed-Thu 4:40-7:20-10

Dolphin Tale 2 (G) Fri-Sun 11:25-2:10-4:55-7:35-10:20 Mon 4:55-7:35-10:20 Tue 2:10-4:55-7:35-10:20 Wed-Thu 4:55-7:35-10:20

Dr. Cabbie (PG) Fri-Sat 11:55-2:25-4:55-7:25-10:20 Sun 11:55 Mon 4:55-7:25-10:20 Tue 2:25-4:55-7:25-10:20 Wed-Thu 4:55-7:25-10:20 Sun 2:25-4:55-7:25-10:20

The Drop (14A) Fri-Sun 2-4:35-7:20-10:20 Mon 4:35-7:20-10:20 Tue 2-4:35-7:20-10:20 Wed-Thu 4:35-7:20-10:20

The Equalizer (18A) Fri-Sun 11:50-1:50-3-5:10-6:10-8:20-9:10 Mon 5:10-6:10-8:20-9:10 Tue 1:50-3-5:10-6:10-8:20-9:10 Wed 5:10-6:10-8:20-9:10 Thu 6:10-8:20-9:10 Thu 5:10

The Equalizer: The IMAX Experience (18A) Fri-Sun 12:50-4:05-7:10-10:20 Mon-Tue 4:05-7:10-10:20 Wed 4:05-10:20 Thu 4:05-7:10-10:20 Wed

Gone Girl (STC) Thu 10:20 Guardians of the Galaxy (PG) Fri-Thu 4:05

Guardians of the Galaxy 3D (PG) Fri-Sun 1:15-6:55-9:45 Mon-Thu 6:55-9:45

4:30-7:15 Tue 1:40-4:30-7:15 Wed Thu 4:30-7:15

Let's Be Cops (14A) Fri-Sun 12:50-3:35-6:15-8:45 Mon-Thu 3:35-6:15-8:45

Lucy (14A) Fri-Sun 5:40-7:55-10:15 Mon 7:55-10:15 Tue 5:40-7:55-10:15 Wed 7:55-10:15 Thu 7:55

Madama Butterfly (STC) Sat 11 The Maze Runner (PG) Fri-Sun 11:35-12:30-1:30-2:20-3:30-4:20-5:10-6:15-7:10-8-9-10 Mon 10 Tue 1:30-2:20-3:30-4:20-5:10-6:15-7:10-8-9-10 Wed 3:30-4:20-5:10-6:15-8-9-10 Thu 4:20-5:10-6:15-7:10-8-9-10 Mon 3:30-4:20-5:10-6:15-7:10-8-9 Wed 7:10

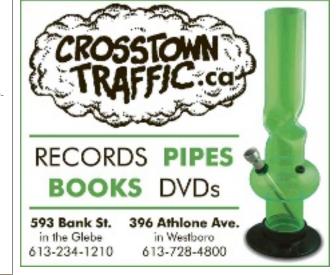
A Most Wanted Man (14A) Fri-Sun 12:55-3:50-6:40-9:30 Mon-Thu 3:50-6:40-9:30

No Good Deed (STC) Fri-Thu 10 The November Man (14A) Fri-Sun 2:05-4:40-7:20-10:15 Mon 4:40-7:20-10:15 Tue 2:05-4:40-7:20-10:15 Wed-Thu 4:40-7:20 Wed-Thu 10:15

Teenage Mutant Ninja Turtles (PG) Fri-Sun 1:20-4:10-7:05-9:50 Mon-Thu 4:10-7:05-9:50

This Is Where I Leave You (14A) Fri 1:55-3:30-9:05-9:50 Sat-Sun 11:20-12:45-1:55-3:30-4:35-6:25-7:05-9:05-9:50 Mon 3:30-4:35-6:25-7:05-9:05-9:50 Tue 1:55-3:30-4:35-6:25-7:05-9:05-9:50 Wed-Thu 3:30-4:35-6:25-7:05-9:05-9:50 Fri 11:20-12:45-4:35-6:25-7:05

A Walk Among the Tombstones (14A) Fri-Sun 11:15-12:25-2:10-3:15-5:05-6:05-7:50-8:55-10:30 Mon 5:05-6:05-7:50-8:55-10:30 Tue 2:10-3:15-5:05-6:05-7:50-8:55-10:30 Wed 5:05-6:05-7:50-8:55-10:30 Thu 5:05-6:05-7:50-10:30



Hector and the Search for Happiness

(14A) Fri-Sun 12:45-3:55-7:05-10:05

How to Train Your Dragon 2 (PG)

Fri-Sun 12:15-2:55 Mon 5 Tue 2:55

The Hundred-Foot Journey (PG)

Fri-Sun 12:35-3:40-6:45-9:45 Mon

4:30-7:15 Sun 1:40-4:30-7:15 Mon

If I Stay (PG) Fri 1:40-4:30-7:15 Sat

Mon-Thu 3:55-7:05-10:05

Wed-Thu 5

Thu 3:40-6:45-9:45





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Mary-Kate swaps Cartier rock for band of gold, leading to marry chase

Guys, we really dropped the ball on this one. Everyone's been so focused on George Clooney getting married that we may have missed Mary-Kate Olsen's wedding altogether. The 28-yearold actress, designer and Wonder Twin was spotted this week in the Hamptons with her fiancé, 45-yearold French banker Ölivier

Sarkozy, both of them sporting what look like gold wedding bands — and the massive Cartier diamond ring Olsen used to wear was nowhere in sight. Which begs the question: Is there such a thing as a hobo chic wedding dress? And what self-respecting billionaire hangs out in the Hamptons after Labour Day?

Miles Teller delivers two wildly Divergent tales

Looks like Miles Teller is engaging in a little bit of he said ... he also said. The Spectacular Now star told W magazine that he felt "dead inside" while filming Divergent, which didn't sit very well with fans of the franchise. "I didn't have an interesting part, and I'd taken the film for business reasons," he told the magazine. And you know who else wasn't very happy with the stuff Miles Teller said? Miles Teller. After his rep did some damage control, Teller took to Twitter



himself. "I've never done a movie for 'business' reasons. I'm proud to be a part of Divergent franchise," he tweeted. Basically,

Miles Teller can't believe Miles Teller said that. I hope they never run into each other, or it could get ugly.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Someone was feeding Lohan lines? Say it ain't so



EHRBAR

Depending on who you ask, Lindsay Lohan either had a great first night or a terrible first night during her London stage debut. Previews started this week for David Mamet's Speedthe-Plow, and the first review, from the Daily Beast, is not terribly kind. "On the first night of pre-

views, a work-in-progress feel is to be expected," Nico Hines writes. "But halfway through the second act of Speed-the-Plow, the audience was openly laughing at Lohan's struggle to grasp Mamet's sharp, trademark dialogue." Some audience members had fun with the gaffes, like Rafay Agha, who tweeted, "Major kudos to the woman who was feeding Lindsay Lohan her lines from offstage." But a tweet from one of her fans tells a different story. "According to all attendees of (Speedthe-Plow), Lindsay Lohan owned her part. As if doubt were plausible," writes Peyton Pittman. I just don't know who to believe



What's a little fur play between friends like Bowie and Jagger?

Turns out the compulsion to make everything furlined in the 1970s was more about function than form - at least at David Bowie's place. According to a new biography by Wendy Leigh, Bowie and his then-wife, Angela, had a four-foot-deep, fur-lined play area in their London flat affectionately dubbed "the pit" that was used for the some spectacular feats of sexual strength. The Bowies "used to have the most amazing orgies at Oakley Street. Everybody f—ing everybody in the pit. Mick Jagger used to come there and be involved with sexual things," Leigh writes. To be fair, though, I feel like Jagger could get business cards printed up that list his profession as "involved with sexual things.



A Bostonian told me I remind him of Damon and Affleck. I don't know about Damon but I assume Affleck refers to the duck.



@ConanOBrien

My iPhone 6 Plus is two days old and it's already bent. Has anyone else had this issue after leaving their phone on train tracks overnight?



@Real_Liam_Payne

Just got into bed my room in freezing dam aircon



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We love apples a bushel and a peck



Apple Crisp Muffins.

Fall is the perfect time to incorporate this fruit into your cooking



RICARDO COOKS Chef Ricardo Ricardo Magazine

The smell of baked apples — plus cinnamon and brown sugar — is simply amazing.

Want to fill your house with that delicious goodness?

Bake up a batch of my Apple Crisp Muffins, which deliver all the flavours of a classic crisp in a breakfast-friendly muffin.

Topping

- 1. In a bowl, combine the rolled oats, brown sugar, flour and melted butter. Set aside.
- **2.** In a skillet, sauté the apples in the butter for about 5 minutes. Allow to cool.

Muffins

- **1.** Preheat the oven to 350 F (180 C). Line a 12-well muffin pan with paper liners.
- **2.** In another bowl, combine the flour, baking powder and cinnamon. Set aside.
- **3.** In another bowl, cream butter and sugar with mixer until light and fluffy. Add eggs and vanilla. Beat until smooth.
- 4. With a wooden spoon, stir

dry ingredients into butter and sugar mixture alternately with the milk. Add the diced apples. Spoon the batter into the wells.

- **5.** Place 3 pieces of uncooked apples on each muffin and top with the oatmeal mixture. Press lightly with your fingers.
- **6.** Bake in the middle of the oven for about 20 to 25 minutes or until a toothpick inserted in the centre of a muffin comes out clean. FOLLOW RICARDO ON SOCIAL MEDIA AND ON RICARDOCUISINE.COM OR SUBSCRIBE TO HIS MAGAZINE'S UP-COMING ENGLISH EDITION, WHICH LAUNCHED THIS SEPTEMBER!

Inaredients

Toppina

- 1 cup (250 ml) rolled oats
- 1/3 cup (75 ml) brown sugar
- 1/4 cup (60 ml) unbleached allpurpose flour
- 1/2 cup (125 ml) melted butter
- 2 apples, peeled, cored and cut into 36 pieces
- 2 tbsp (30 ml) butter
- Muffins
- 1 1/2 cups (375 ml) unbleached all-purpose flour
- 1 1/2 tsp (7.5 ml) baking powder
- 1 tsp (5 ml) ground cinnamon
- 1/2 cup (125 ml) unsalted butter, softened
- 1/2 cup (125 ml) sugar
- 2 eggs
- 1 tsp (5 ml) vanilla extract
- 1/2 cup (125 ml) milk
- 1 apple, peeled, seeded and diced

Liquid Asset

Myths of French grapes



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.o

French wines have an image problem.

No matter how closely associated the country is with fermented grape juice, it struggles to shake the myth that it only makes wine for rich experts and not the average oenophile.

While its wines can get pricey, those big guns make up a paltry percentage of its total output.

You can easily find wine from France for the same price as your fave bottle from Australia or Italy.

Other misconceptions about French wines are that their labels are hard to understand, their flavours are too aggressive and they're only meant to be drunk with food.

Though there may be a wee bit of truth to all three complaints, don't let that intimidate you.

Ripe, balanced and fruit-forward, the wines from the southern regions are a great introduction (or reintroduction) to France.

The 2012 Petites Folies Merlot-Cabernet (\$15.95 - \$16.99) takes a page from the New World handbook with juicy, red berry aromas and a thick, jammy flavour flow worthy of your best rack of lamb recipe. PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.



CLIMATEFAST 2014 Sept. 28 - Oct 2

Parliament Hill, Ottawa

CLIMATEFASTIVAL - Oct 1

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Event details at www.climatefast.ca

Opening Ceremony - Sept 28 at 5 pm Closing Ceremony - Oct 2 at 7 pm

Come to the Hill and help us hold the banner! Write a letter to your MP. Hold your own event. Be a CF volunteer!

SHOP FOR ORGANICS WITH CONFIDENCE

IT'S A GREAT TIME TO LEARN BENEFITS

Organic Week takes place this year across Canada from Sept. 20-28, giving us a chance to participate in the largest annual celebration of organic food, farming, and products across the country.

Presented by the Canadian Health Food Association (CHFA), the Canadian Organic Growers (COG), and the Canada Organic Trade Association (COTA), this weeklong focus is an opportunity to learn about the importance of organic food.

"The goal of Organic Week is to get as many Canadians as possible involved and learning about the benefits of organic farming and its positive impact on the environment," says Helen Long, president of CHFA.

From the sunny orchards of the Okanagan Valley, to the red potato fields of Prince Edward Island, through the seemingly boundless tall grass in the Prairies, into the mild-weathered vineyards of the Niagara Peninsula, and through the picturesque blueberry fields of Lake Saint-Jean, Que., Canada is blessed with a rich and diverse land that yields a bountiful

harvest at the end of a short, but warm growing season.

What better time than fall to enjoy and appreciate the bounty of our land? Apples, pears, and plums are all ripened to perfection and contain many disease-fighting nutrients. This annual harvest provides us with many locallygrown, organic options and Canadians say they are making the effort to choose organic produce as they look to protect the environment, their bodies and support local farmers.

Many of us are increasingly aware of the importance of choosing food that is grown organically, without the use of pesticides, herbicides, hormones, or antibiotics. These farming practices are based on holistic methods that contribute to the improvement of biodiversity, good soil health, and ecological balance. When buying organic foods, you are not only investing in your health, but you are also supporting sustainable, environmentally friendly practices and animal welfare.

"Canadians want the peace of mind that our food has been grown without synthetic



HUTTERSTOCK

pesticides and fertilizers," Long says. "In Canada, organic food must meet all food regulations as well as additional standards and inspections. Having these rules in place makes 'organic' a trustworthy brand that allows us to shop with confidence."

This year during Organic Week, hundreds

of celebrations are being organized by communities across the country. Activities include everything from pickling workshops, to farm tours, organic food and drink tastings, and much more. There are many opportunities to participate and you can find out more online at organicweek.ca and chfa.ca.





CONTRIBUTE

Food & Wine Show makes for a perfect event pairing

Fresh-picked basil, zucchini, eggplants, all colours of peppers, tomatoes, onions and garlic, deliciously cured meats and cheeses, freshly made breads and aromatic treats — all can be found in an Italian marketplace. Indeed, fresh produce and local culinary specialties ready-made in a lively, social atmosphere are characteristics of any old world market. Held weekly in many towns, market days are special occasions.

"You go to the market and see what's best, what's in season, what came in special today and you base your evening meal on what you find," — a tradition many Italian chefs follow to this day, incorporating local produce and old family recipes into their dishes.

Taste of the Italian Harvest: Food & Wine Show, now in its second year, combines the

simple pleasures and lively ambiance of the marketplace with the casual elegance of a walk-around food and wine tasting, in the tradition of Little Italy's La Vendemmia. The all-inclusive, low-admission price means no reaching for the wallet once inside the luxurious Grand Ballroom of Sala San Marco Banquet & Conference Centre on Preston Street.

Restaurateurs and food and beverage purveyors from across the region offer bounteous samples; pasta-making demonstrations (you can take some home), music, wine and beer complete the experience. The event runs from 2 to 5 p.m. this Sunday, Sept. 28.

Leave your produce basket behind but bring your appetite and a non-perishable item for the Ottawa Food Bank. Portions can be generous, like an Italian home-cooked meal.







NutriChem's specialty is custom-made supplements

Buying local food is a common practice for many individuals. It helps contribute to the local communities, the local economy, and also boosts consumer empowerment. The concept of local purchasing can also be applied to health supplements.

Ottawa's very own health gem, NutriChem, strives on promoting optimal health through good-quality supplements and custom-made supplement formulas. NutriChem is composed of a compounding pharmacy, retail store, and a lab in the west end, and a smaller retail store and clinic in the east end of Ottawa.

"We are very selective with the products we sell, we make our own supplements which are free of fillers and common allergens. We also try to find local and organic products when possible," says store manager Kate Pollon-MacLeod.

NutriChem is known for their custom-made supplement formulas. The process starts with blood and urine tests from which hormones, vitamin status, brain chemicals, gut bacteria, and more are evaluated. A NutriChem clinician then goes over the results with the individual and formulates a custom-made supplement formula based on their own biochemistry.

"Our custom formulas are made in our Ottawa laboratory and contain no fillers or preservatives," explains Pollon-MacLeod.

NutriChem also carries their own supplement line that is completely gluten-free.

"We only make supplements in which the health benefits are supported by clinical research," says Pollon-MacLeod. "People enjoy coming to NutriChem because they know they are getting the best quality supplements."

NutriChem's bestsellers are their Phosphogabamine for anxiety and Tyro-Trypt for depression. The local business has been a big advocate for mental health and is aiming to change mental health care in Ottawa.

STORES AND WEBSITE

- NutriChem Compounding Pharmacy and Retail Store 1303 Richmond Rd. (613-820-4200)
- NutriChem Biomedical Clinic Ottawa West 1305 Richmond Rd. (613-721-3669)
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For more information, visit NutriChem.com.

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Patrick, a NutriChem client



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NutriChem is your solution for optimal health. Get the most comprehensive testing available paired with the most detailed consultation you will ever experience! Together, this will result in the creation of your own personalized vitamin and mineral formula.

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Learning to get up after a fall

Dusting it off. Much like the Redblacks, Ottawa's new defensive back must learn from past errors

Brandon McDonald and the Ottawa Redblacks have a lot in common, as both are looking to learn from their mistakes and move forward.

The Redblacks (1-10) want to put last week's disastrous finish against the Saskatchewan Roughriders behind them and find a way to win another football game. Ottawa's last win was July 18th against Toronto.

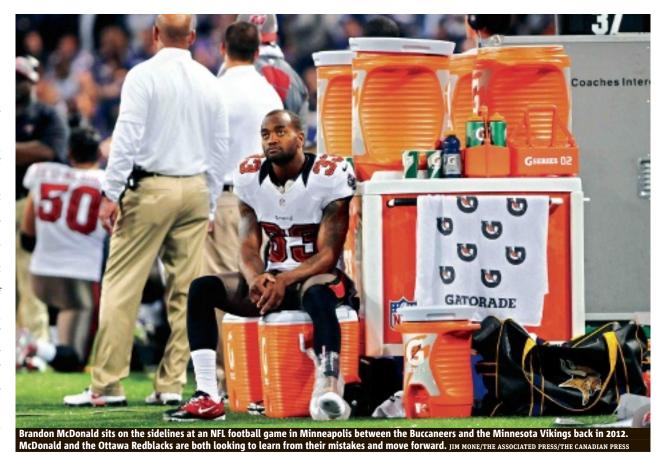
Despite leading much of the game, the Redblacks were forced to deal with their eighth straight loss, 35-32, as they continue to make costly mistakes.

A pass interference penalty moved the Riders to the Red-blacks' one-yard line with 54 seconds left in regulation, allowing Saskatchewan to score the game-tying touchdown. Ottawa then had a potential game-tying field goal blocked in overtime.

Ottawa hosts the Montreal Alouettes (4-8) Friday night and remain positive despite last week's disappointment.

"We knew it was a short week and sometimes that's a blessing in disguise," said Ottawa head coach Rick Campbell. "We're limited in our preparation because it was a five-day week with travel, but it doesn't allow you to sit around and dwell on things and it's an opportunity to go out there. It's going to be a sold out crowd and it could be a fun night around here. We just have to hold up our end of the bargain."

McDonald, who was signed 10 days ago, knows all about



the need to put the past behind and focus on what lies ahead.

The 29-year-old defensive back was forced to accept that a future in the NFL was no longer an option and any chance of resuming his professional football career could ultimately lie in Ottawa.

McDonald spent six years in the NFL, but when no one came calling and he sat out the entire 2013 season, the Collins, Miss., native knew he had some tough choices to make.

It was either walk away from the game completely or look north, and with a competitive fire still burning, McDonald made his decision.

Earlier this season, McDonald spent time on both the B.C. Lions and Calgary Stampeders practice rosters, but failed to make a strong enough impression to crack the game-day lineup.

Friday night McDonald will finally get his opportunity to put his skills on display as he lines up for the Redblacks.

"I know I can still play at a high level and I know I still got plenty of years left in the tank so I don't want to finish until I'm done," said McDonald. "I just want to play. Football is what I love to do; it's what I've always loved to do."

THE CANADIAN PRESS

Week 14 pick



If expansion Ottawa (1-10) expects to contend for an East Division playoff spot, then this is a must-win. The Redblacks came close against Saskatchewan, scoring a season-high 32 points. But again they couldn't finish as the Riders outscored Ottawa

15-3 in the fourth quarter with backup Sunseri to force overtime. Montreal (4-8) is tied for first in the East having won three of its last four, including 31-15 last weekend over short-handed Calgary. Jonathan Crompton threw for 220 yards and two TDs while Brandon Whitaker ran for 90 yards to take the CFL rushing lead (695 yards). The Redblacks' offensive production versus Saskatchewan is encouraging but their eightgame losing streak suggests Ottawa's still learning to win.

Pick: Montrea

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A CHEATSHEET OF TODAY'S SONG TITLES IS ON THE METRO PLAY PAGE.









Patrick Roy won't rest on his laurels

NHL. Avalanche head coach pushing for his team to improve despite stiff competition

After putting up 112 points and winning the Jack Adams Trophy as coach of the year in his first season behind an NHL bench, what can Patrick Roy possibly do for an encore?

Even a coach with Roy's self-confidence doesn't see his second season with the gifted young Colorado Avalanche going that well.

"There are a lot of coaches that are better than me, but I believe I'll continue to learn," Roy said Thursday. "And the worst part of this is, I'm sure I'm going to be a better coach along the way and I'm probably never going to win the Jack Adams again.

"It was a great year. It was fun, but now it's behind us."

The Avalanche are on a two-



Patrick Roy won the Jack Adams Trophy in his first year as an NHL head coach last season. HARRY HOW/GETTY IMAGES

game swing through Roy's old patch, with games Thursday night in Montreal, where he starred for the Canadiens for 10 seasons, and Friday night in Quebec City, where he built the Remparts into a Quebec Major Junior Hockey League power after his Hall of Fame playing career ended.

Roy was lured away last season to become head coach and vice-president of hockey operations for the Avalanche, who he helped win two Stanley Cups after his bitter parting with the Canadiens in 1996.

The fiery Roy's impact was felt immediately on a team stacked with budding stars like Matt Duchene, Gabriel Landeskog and 2013 first overall draft pick Nathan MacKinnon.

The Avs finished second overall in the Western Conference and tied a franchise record with 52 victories, although they lost in seven games to Minnesota in the first round of the playoffs.

"We're playing in a tough conference, and it's pretty easy to be humble in that conference," he said. "With the quality of the teams, you know that to make the playoffs you have to be outstanding all year. THE CANADIAN PRESS

Separated shoulder

Datsyuk expected to miss 4-5 weeks

Pavel Datsyuk is expected to miss the start of the regular season because of a separated right shoulder.

Detroit general manager Ken Holland said his star centre will miss four to five weeks. The 36-yearold Datsyuk was injured in the Red Wings' exhibtion opener at Pittsburgh on Monday night when checked into the glass by Penguins defenceman Rob Scuderi. THE ASSOCIATED PRESS

Soccer

Impact advance to CONCACAF quarters

The Montreal Impact clinched a spot in the CONCACAF Champions League quarter-finals late Wednesday when the New York Red Bulls failed to earn a victory in El Salvador in Group-3 action. The Impact will play a quarter-final match at home in February. THE CANADIAN PRESS

On the bright side ...



"The domestic violence issues, they're few and

far between (in the league), but they're just enough to raise a serious awareness. I think that's the good that will come out of it."

Retired quarterback Brett Favre believes that the NFL will survive a turbulent month and hopes that the recent issues with domestic violence will raise awareness about the problem.



Golf greats ready to open fire

Rory McIlroy walks the course during a practice round ahead of the Ryder Cup golf tournament in Gleneagles, Scotland, on Thursday. The European powerhouse of McIlroy and Sergio Garcia will take on Phil Mickelson and Keegan Bradley of the U.S. in the opening session of fourballs on Friday. Scan the image with the Metro News app to see some of the run-up to tee time. SCOTT HEPPELL/THE ASSOCIATED PRESS

MLB. Jays fail to complete 4-game sweep of Mariners

Logan Morrison hit a three-run homer and added a solo shot to power the Seattle Mariners to a 7-5 victory over the Toronto Blue Jays on Thursday at Rogers Centre.

The win ended the Mariners' five-game losing skid and kept their slim playoff hopes alive. Seattle (84-75) entered play three games behind the Kansas City Royals and Oakland Athletics in the race for the two American League wildcard spots.

The Blue Jays (81-78) were eliminated from post-season contention earlier in the week. Manager John Gibbons gave several regulars the day off and inserted some of the team's late-season callups into the lineup.

Toronto left-hander Daniel Norris turned in a decent performance in his first big-league start. The 21-year-old rookie al-



lowed one hit and two earned runs over 3-1/3 innings.

THAN DENETTE/THE CANADIAN PRESS

Norris, who made four relief appearances earlier this month, retired the first eight Mariners in order. THE CANADIAN PRESS







AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

T Aries

March 21 - April 20

You seem to have overdone it and need time to recover from your exertions. Even so, Aries is never inactive for long and come the beginning of next week you'll be on the go again.

Taurus April 21 - May 21

Something will happen over the next few days that undermines your confidence. Be that as it may everything will be resolved when Venus, your ruler, changes signs next week.

|| Gemini May 22 - June 21

The setbacks of recent months can now be seen in a more positive light. Even when you were on the receiving end of bad news it was teaching you and toughening you up.

9 Cancer June 22 - July 23

Take advantage of the Sun moving through Libra to sit back and relax. If you have not finished something by now chances are it will never see the light of day, so forget it.

Ω Leo July 24 - Aug. 23

Don't think about all the bad things that go on in the world – think about how you personally can make it a better place in some small way. Get to it.

W Virgo Aug. 24 - Sept. 23

There are things going on behind the scenes of which you are only vaguely aware. Keep your eyes and ears open.

📤 Libra

Sept. 24 - Oct. 23

Developments in your social life may have the edge taken off them by bad news concerning your finances today. Mercury's move into the money area of your chart tomorrow will bring an obvious answer.

M Scorpio Oct. 24 - Nov. 22

Saturn in your sign does not seem restrictive of late but that does not mean you can loosen your hold on the purse strings.

7 Sagittarius Nov. 23 - Dec. 21

On the work front someone is trying to undermine you by talking you down in front of employers. Don't worry, they won't get anywhere.

17 Capricorn

Dec. 22 - Jan. 20

You have been keeping to yourself a lot in recent days and loved ones are are wondering why. Put their minds at rest by telling them your plans.

≫ Aquarius Jan. 21 - Feb. 19

It may not feel right that certain people have the power to force you in a certain direction but in a matter of days you will be glad it happened that way.

) (Pisces

Feb. 20 - March 20

Someone you live or work with will be irritable in the extreme over the next 24 hours. There is no point trying to reason with them or cheer them up because they enjoy being negative. Just stay out of their way.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

- 1. Rap star, __ Dogg 6. Andes people, once 11. Broccoli, e.g. 14. PEl's motto, sub Ingenti 15. Movie opening to 'buckler'? 16. E-Mailer's viewpoint 17. Not __ (Not so distant) 18. Accordion music
- 19. Barb 20. " gonna call?" (Ghostbusters style of query)
- 21. '__ Gears': 1967 Cream album 23. Literary sleuth Mr. Wolfe's
- 24. Beak: French 25. Trip type 26. Calgary Zoo lizard:
- 2 wds. 31. Comics fight
- sound! 34. CCR tune
- 35. Spain: Spanish
- 36. Spicy cuisine 38. Adjust anew
- 40. Radiate
- 41. Northwest Territories town
- 43. Surveyor's map 45. Parisian pluses
- 46. Scottish interior design team who are guest experts on "Cityline": name + symbol + name 49. Ms. Leoni
- 50. Fit Fiddle link: 2 Belvedere"

24 39 40 47 53 50 52

51. Clean the spill: 2 wds. 55. 'Bach: The Variations': 1955 Glenn Gould album 58. Mother _' __ (Rud-yard Kipling poem)

63

- 59. Broad belt 60. Ms. Graff of "Mr.
- 62. Cabs 63. Got gold

60

64

- 64. Knobby 65. Hotel name 66. Born, in bridal bios
- 67. Gossipy 68.Past times

Down

1. Comic book series

created by Calgaryborn cartoonist Todd McFarlane 2. 16th-century English satirist, Thomas

62

65

- 3. For Better Worse: 2 wds. 4. Nunavut: Territorial Park
- 5. Posh sun-blocker 6. Web connector [abbr.] 7. What a bat 'really'
- does in its leisure time: 3 wds. 8. Certain cat coat
- 9. Is inquisitive 10. Generous people 11. Donkey Kong, for

- one: 2 wds. 12. Early filmdom's Mr. Jannings
- 13. Songstress Ms. Grant
- 22. Awestruck
- 24. Portend
- 27. 1978 to 1982
- sitcom, "___ Mindy" 28. Coup _'__ (Takeover)
- 29. Taking action: 2 wds.
- 30. Washington baseballers, briefly
- 31. Ear-related
- 32. Olympian, Apolo
- 33. Earthquake! The 'Pinchi' in British Columbia: 2 wds. 37. Foliaged, as stone
- walls 39. "Born Free" (1966)
- lioness 42. Needing help: 3
- wds. 44. Canadian depart-
- ment store founder Mr. Eaton (b.1834 d.1907)
- 47. Mr. Leto's
- 48. Deli order specification: 2 wds.
- 52. Computer animation movie studio
- 53. Join 54. Bugs
- 55. Evening dress
- 56. Hautbois
- 57. H.G. Wells people
- 61. Cathedral city

Yesterday's Crossword

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Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku									
			~			-			

7	1	4	9	8	5	2	3	6
9	3	5	7	6	2	4	1	8
6	2	8	1	4	3	7	5	9
2	4	6	8	5	1	3	9	7
3	8	9	2	7	4	1	6	5
1	5	7	8	3	9	8	2	4
4	9	1	5	2	7	6	8	3
8	7	2	3	9	6	5	4	1
5	6	3	4	1	8	9	7	2

	4		7		2		9	
1								5
		6	5		3	2		
	6		1	2	4		8	
	8						4	
	7		8	6	9		5	
		3	6		7	8		
8								9
	5		2		8		3	

See today's answers at metronews.ca/answers





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